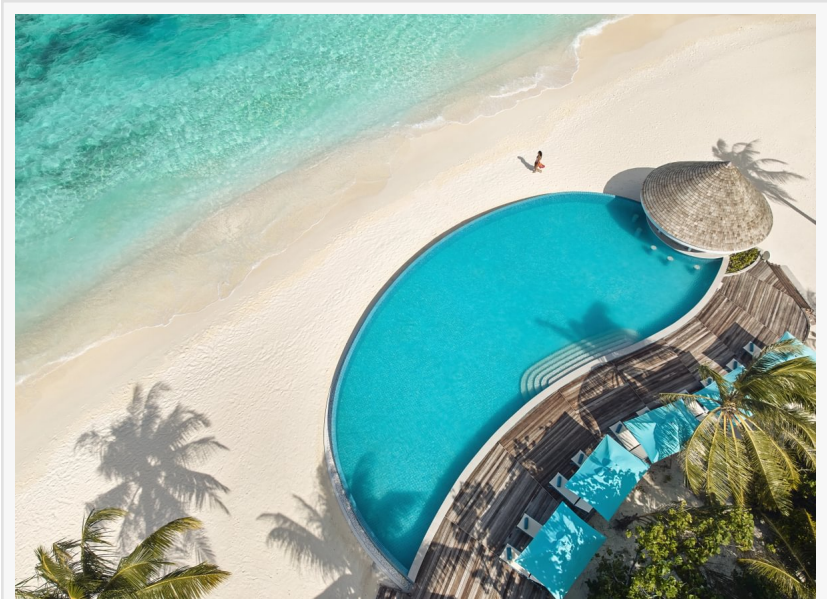


Nova Maldives Announces Solo Traveller Month This July

The soulful island resort in the Maldives has announced an immersive programme for solo travellers this July.

VAKARUFALHI, MALDIVES, May 2, 2024 /EINPresswire.com/ -- In an era where the allure of solo travel is embraced by more adventurers than ever, Nova Maldives has announced its [Solo Traveller Month](#) this July. This exclusive initiative caters to the growing trend of individuals seeking to explore the world on their terms, driven by a quest for personal growth, mindfulness, and genuine connections.

Throughout the month of July, guests can immerse themselves in an abundant array of engaging experiences designed to enrich their solo journey at Nova. The program is meticulously crafted, offering everything from art classes that spark creativity, to meditation and yoga sessions that bring balance to body, mind and soul, guests can dive deep into the crystal-clear waters with snorkelling and diving sessions, or explore the flavours of the island with Maldivian cooking classes, or delve into the heart of Maldivian culture with authentic experiences that connect them to the soul of the islands. Nova guests can engage their curiosity and love for nature in Nova's flora and fauna workshops, designed to enlighten and inspire.



Nova Maldives' Solis Pool Bar



Those seeking active pursuits can join in on beachside football and volleyball games, fostering camaraderie and fun in the sun. Nova's 24/7 state-of-the-art fitness centre and an array of group classes cater to all levels of fitness enthusiasts, ensuring that wellness journeys continue uninterrupted. Sunset fishing expeditions and leisurely boat cruises allow solo travellers to connect with the ocean's rhythmic beauty, fostering a profound sense of connection with nature. And that's just the beginning. Nova promises a July filled with discovery, connection, and unforgettable moments, inviting solo travellers to dive into a world of adventure, culture, and wellness.



Water Pool Villa at Nova Maldives

In a world where the search for mindfulness and community is paramount, Nova harnesses the transformative power of creativity to unite solo travellers. Esteemed local artists lead immersive sessions, from traditional painting to contemporary creative expressions, encouraging guests to explore their inner artists and capture the essence of the Maldives' vibrant culture. These creative endeavours serve not only as a means of self-expression but as a bridge connecting individuals from diverse backgrounds, fostering a unique community spirit among solo adventurers. The holistic journey continues at Nova's Eskape Spa, where relaxation and rejuvenation are not just promises but a profound experience. Tailored spa treatments, yoga and meditation sessions against the backdrop of the lagoon epitomise Nova's dedication to well-being, offering a sanctuary where the mind, body, and soul can flourish in harmony.

Culinary excellence is a cornerstone of the Nova experience, with dining options ranging from fresh and sustainably caught seafood BBQs to sunset beach dinners and authentic Maldivian cuisine, ensuring a sensory journey that complements the spiritual and adventurous endeavours of our guests. Nova's dining spaces are crafted to foster connections and create memorable moments. Soul Kitchen welcomes solo travellers to its community tables, providing a warm, inviting space to bond over meals. Mizu offers a delectable Japanese Teppanyaki experience, perfect for enjoying exquisite cuisine while forming new friendships. At Flames, Nova's Grill House, guests are invited to savour succulent premium meats, seafood, and fresh seasonal produce, all masterfully grilled to perfection. Across all of Nova's dining venues, an extensive selection of vegan and vegetarian dishes awaits, along with a superb assortment of cocktails, catering to both alcoholic and non-alcoholic preferences. Nova's two bars, Wink and Solis, are vibrant hubs of entertainment, offering a selection of lovely cocktails to toast to the day's adventures. Whether you're watching the breathtaking sunsets or dancing under the starlit sky,

these spaces offer the perfect backdrop for making lasting connections.

Nova's Solo Traveller Month is a celebration of independence, inviting guests to embrace the freedom to forge their own path, immerse themselves in unparalleled experiences, and create enduring memories alongside fellow explorers. At Nova, the journey of solo travel transcends the physical, venturing into realms of personal growth, artistic exploration, and the creation of a vibrant, like-minded community. Join the Nova community this July for an unforgettable exploration of self, creativity, and connection.

Learn more about Nova's Solo Traveller Month experience via [the brochure here](#). For additional information and 45% booking discounts, head to Nova's website. Prices start at approx. £390 pppn on a Full Board Basis, and £560 on an All-Inclusive basis inclusive of all taxes. Enjoy additional discounts and perks during your stay when booking via nova-maldives.com.

Richard Hatfield
Nova Maldives
+960 733-0085
[email us here](#)

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