

Promoting Mental Health Through Affordable Housing

K3 Holdings and Alpine LA Properties Commitment to Community Well-Being

LOS ANGELES, CA, UNITED STATES, May 7, 2024 /EINPresswire.com/ -- In recognition of May as Mental Health Awareness Month [K3 Holdings \(K3\)](#) and [Alpine LA Properties](#) (Alpine), are standing in support of this cause, recognizing the integral role that affordable housing plays in preventing homelessness and fostering mental wellness within our communities.

Mental illness can significantly impede an individual's resilience, cloud their judgment, and compromise their ability to navigate life's challenges effectively.

Consequently, those affected by mental health conditions face an elevated risk of experiencing homelessness, perpetuating a distressing cycle where homelessness, in turn, exacerbates poor mental health.



Private Real Estate Investment Group Based in Los Angeles

“

At K3 and Alpine, we believe that access to safe, stable, and affordable housing is not just a basic human need but also an important component to maintaining mental wellness.”

Nathan Kadisha

“It's a sad reality that a significant portion of the homeless population in the United States suffers from various degrees of mental illness,” stated Nathan Kadisha, a Principal at K3 and Alpine. “The connection between mental health and homelessness underscores the urgency of our society's responsibility to act – both to support those suffering from mental illness and fight and the scourge of homelessness.”

“At K3 and Alpine, we believe that access to safe, stable, and affordable housing is not just a basic human need but

also an important component to maintaining mental wellness,” Kadisha continued. “That's why we're committed to collaborating with nonprofit organizations and government agencies to expand the availability of affordable housing for those at risk of homelessness. By doing so, we're doing more than providing shelter, we're offering a lifeline to individuals and families in

need, empowering them to reclaim stability and dignity.”

A stable home environment serves as a catalyst for positive change, offering an environment where individuals can focus on their well-being and improve their lives. With the security of a home comes the opportunity for a more balanced and fulfilling existence—one characterized by healthier relationships, increased engagement in meaningful activities, and a renewed sense of self-worth.

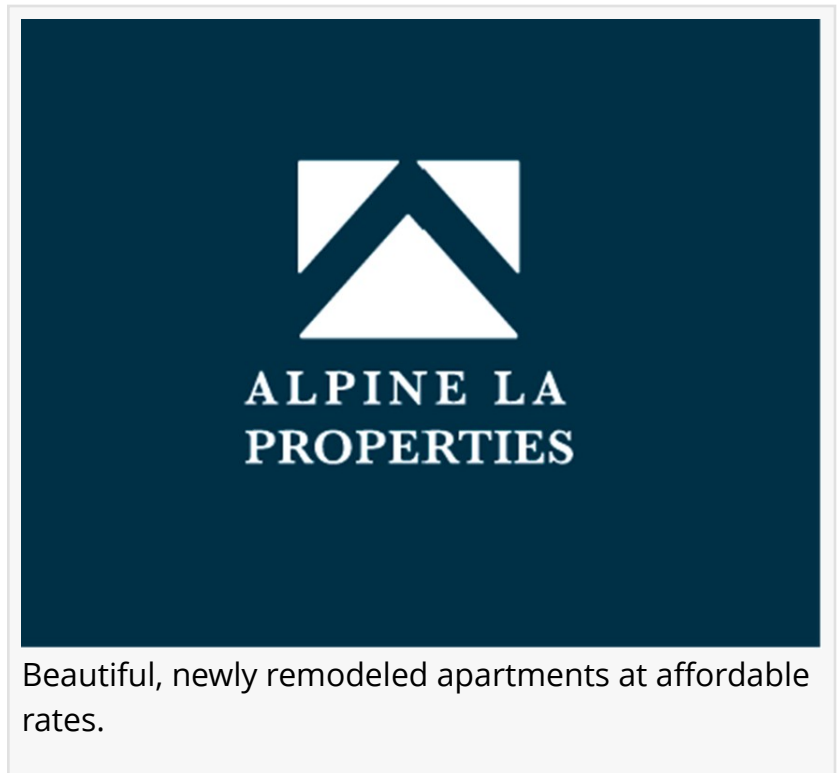
“Communities thrive when their members are empowered to lead healthy and productive lives. By prioritizing affordable housing initiatives, we're not only addressing the immediate needs of vulnerable populations but also sowing the seeds for a brighter, more equitable future,” Michael Kadisha, a K3 Principal added.

As it recognizes Mental Health Awareness Month, the K3 and Alpine teams remain focused on creating communities where everyone has access to the resources they need to thrive, ensuring that no one is left behind in the journey toward a healthier, more compassionate society.

###

For more information or to schedule an interview with a K3 or Alpine spokesperson, please contact Dan Rene at 202-329-8357 or dan@danrene.com

Dan Rene
Dan Rene Communications
+1 202-329-8357
dan@danrene.com



This press release can be viewed online at: <https://www.einpresswire.com/article/709540946>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2024 Newsmatics Inc. All Right Reserved.