Adrian Pokharel, U.S. Army Captain (Ret.), Afghanistan Combat Veteran and former CIA Officer, A Career Dedicated to Securing America


The Adrian Pokharel for U.S. Congress campaign is proud to announce the launch of our first campaign video ad titled “Fighting for Democracy”. The 15-second campaign video ad highlights the reasons Adrian Pokharel is running for the U.S. House.

"I'm a U.S. Army veteran, Afghanistan combat soldier and former NSA & CIA officer. I have dedicated my 20+ year career to the security of the United States. Now, I want to continue my service to our county in the United States Congress," stated Adrian Pokharel.

Pokharel continued, "When elected, I will prioritize improving mental healthcare, lowering the costs of healthcare, women's reproductive rights, creating good-paying jobs, strengthening labor unions, advocating for veterans, teachers & first responders and securing our democracy. I will work hard every day to make sure our government works for and represents all Americans."

Learn more about Adrian Pokharel at www.adrianpokharel.com and for the latest information follow Adrian Pokharal on X / Twitter at www.x.com/adrianapokharel

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Adrian Pokharel is a retired member of the United States Army and former NSA & CIA Officer. Use of his military rank, job titles, and images in uniform does not imply endorsement by the