

# Lisa Haisha's "ME: A SoulBlazing Journal" Now Available on Amazon

*The Groundbreaking Journal for Self-Discovery and Personal Growth*

LOS ANGELES, CA, UNITED STATES, May 14, 2024 /EINPresswire.com/ -- Lisa Haisha, a celebrity life coach and author, is proud to announce that her latest creation, "[ME: A SoulBlazing Journal](#)," is now available for purchase on [Amazon](#). This guided journal is the perfect companion for anyone seeking to embark on a journey of self-discovery and personal growth.

**A 90-Day Program to Transform Your Life**

"ME: A SoulBlazing Journal" offers a 90-day program of thought-provoking prompts, insightful exercises, and inspiring quotes that challenge readers to explore their thoughts, feelings, and aspirations. The journal helps readers to identify and overcome their limiting beliefs, set and achieve meaningful goals, and align their actions with their core values.

**A Journal for Everyone**

"ME: A SoulBlazing Journal" is suitable for anyone who wants to improve their life and well-being, regardless of their age, background, or experience. The journal is designed to be flexible and adaptable, allowing users to customize their journaling practice and pace. Whether they want to enhance their self-awareness, boost their confidence, or find their purpose, readers will find "ME" to be a valuable and supportive companion.

"I created 'ME: A SoulBlazing Journal' to share my passion for journaling and its transformative power. Journaling has been a key part of my personal and professional development, and I've seen how it can help others achieve amazing results. 'ME' is more than just a journal; it's a



The image is a promotional banner for two books by Lisa Haisha. The top section features a large orange daisy flower with a heart-shaped cutout in its center, set against a white background with a green grass border at the bottom. To the right of the flower is the book cover for "ME: A SoulBlazing Journal" and a black button with the Amazon logo and the text "Order now at amazon.com". Below the flower, the text "WRITE YOUR OWN Self Love STORY" is displayed in a mix of black and orange fonts. The bottom section of the banner shows a collage of book covers. On the left is "BE AUTHENTICALLY YOU" with a heart outline on a dark, starry background. To its right are the covers for "ME: A SoulBlazing Journal", "LAS SIETE MASCARAS", and "SOUL BLAZING". Above the collage are logos for Amazon, Amazon Kindle, Entrepreneur, TEDx, Forbes, and Prime Video.

Write Your Own Self Love Story

Be Authentically You

roadmap for creating the life you deserve,” says Lisa Haisha.

#### About Lisa Haisha

Lisa Haisha is a celebrity life coach and visionary who has been offering coaching services for over two decades. Her mission is to empower individuals and organizations to unleash their full potential and achieve their goals. Through her innovative coaching methodologies, Lisa inspires her clients to embrace self-discovery, overcome obstacles, and create a life that is abundant with fulfillment. She is the founder of SoulBlazing, teaching you to transform your Imposters into superpowers so that you can live a more purposeful and authentic life.

#### Order Your Copy Today

“ME: A SoulBlazing Journal” is available for purchase on Amazon for \$69.95. Readers can also access additional resources and support through [Lisa Haisha’s website](#) and social media platforms. Don’t miss this opportunity to start your SoulBlazing journey and transform your life with “ME: A SoulBlazing Journal.”



Lisa Haisha

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*Lisa Haisha*

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