

Brad Stuart, M.D. Author of "Facing Death: Spirituality, Science, and Surrender at the End of Life"

WASHINGTON, DC, UNITED STATES, May 20, 2024 /EINPresswire.com/ -- Brad Stuart, M.D., Chief Medical Officer of The Coalition to Transform Advanced Care (C-TAC), has been recognized as one of the most influential national leaders in hospice and palliative care by the American Academy of Hospice and Palliative Medicine (AAHPM). This prestigious acknowledgment by AAHPM's over 5,000 members highlights Dr. Stuart's significant contributions to the field dedicated to alleviating suffering and enhancing the quality of life for individuals with serious illnesses.

Dr. Stuart's distinguished career spans five decades, during which he has been a pioneer in healthcare delivery, policy innovation, and the integration of science and spirituality in medical practice. In the 1990s, he was instrumental in developing national guidelines for hospice eligibility for non-cancer diseases, later adopted by the U.S. Centers for Medicare and Medicaid Services (CMS). His groundbreaking work was also featured in the 1996 HBO documentary, "Letting Go: A Hospice Journey."

In 2023, Dr. Stuart released his book, "Facing Death: Spirituality, Science, and Surrender at the End of Life." The book addresses the profound mystery of death and the challenges faced when reconciling science and spirituality. It offers an in-depth exploration of healing beyond cure, with personal stories, reflections on meditation, the therapeutic use of psychedelics, and near-death experiences.

Praise for "Facing Death":



Dr. Brad Stuart

"Dr. Stuart has already made a profound impact on our field by developing new models of care for people living with serious illness. But his spiritual insights may be even more important," says Alex Smith, M.D., Professor of Medicine at the University of California San Francisco. Dr. Stuart's book is a profound invitation to embrace the deepest kinds of healing in both medicine and personal life. As Dale G. Larson, PhD, author and McCarthy Professor of Counseling Psychology at Santa Clara University, notes, "Anyone who reads this book will be prepared for transformative experiences in life's final moments—or in your life right now. You will not stop turning the pages of this brilliant book, and you will be glad you didn't."

Key Themes in "Facing Death":

Discover the core of your being

Expand your comfort zone around the end of life

Realize ancient wisdom from mystics and visionaries

Understand brain function in meditation, psychedelics, and near-death experiences

Grasp the forthcoming revolution in our understanding of reality

About Brad Stuart, M.D.:

Dr. Brad Stuart has practiced internal medicine across various settings, including his office, emergency rooms, hospitals, and intensive care units. With twenty-five years as a hospice medical director, he founded a national model of care for people with serious illness at home. Dr. Stuart's lifelong journey in medicine has also been a path to becoming a healer, integrating his medical expertise with spiritual wisdom.

For more information, visit <https://www.bradstuartmd.com> and connect with Dr. Stuart on [Facebook](#) and [LinkedIn](#). "Facing Death: Spirituality, Science, and Surrender at the End of Life" is available on [Amazon.com](#) and wherever fine books are sold.

Bob Newman

Newman Communications

+1 617-952-1470

[email us here](#)

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