

Combating Back Pain Through Sleep: Evaluating the SweetNight Twilight Hybrid Mattress

Sweetnight Twilight Hybrid Mattress represents a potential solution for sleepers who are suffering from heat and back pain.

WILMINGTON DE, DELAWARE, UNITED STATES, May 25, 2024

/EINPresswire.com/ -- Many people are familiar with the experience of tossing and turning through the night, only to wake up stiff and sore. Sleep is often overlooked as a fundamental aspect of both physical and mental well-being. During sleep, the body repairs tissues consolidates memories, and regulates hormones. A good night's rest leaves one feeling energized, focused, and ready to tackle the day.

Unfortunately, many people find it difficult to achieve quality sleep. One significant factor contributing to this issue is An unsuitable mattress. A mattress that is unsuitable for the individual can disrupt sleep by creating pressure points, misaligning the spine, and causing discomfort throughout the night.

If someone is experiencing sleep issues or back pain, it may be time to consider a new mattress. The [Sweetnight](#) Twilight Hybrid Mattress represents a potential solution. This mattress combines the support of innerspring coils with the pressure-relieving comfort of foam layers.

Comfort and support with hybrid construction

The mattress uses a hybrid construction that combines the pressure-relieving properties of foam with the supportive structure of coils.



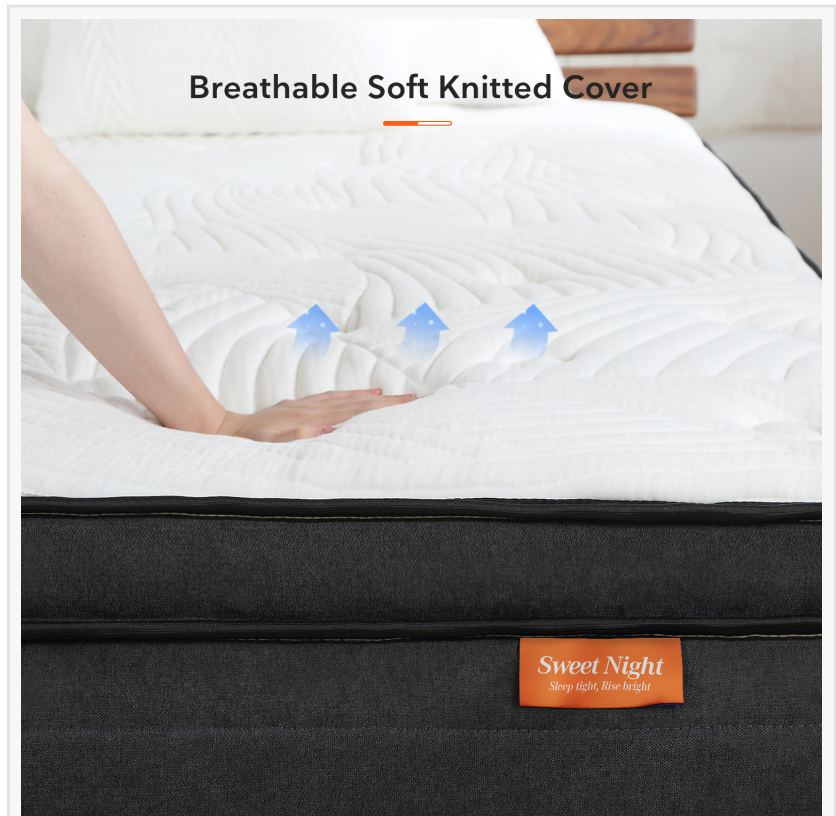
The top layer features a quilted pillow top that contours the body to relieve points of focused pressure for restful sleep. Beneath this is a layer of gel memory foam that effectively dissipates heat for a cool night's rest. The third layer is a transition layer made of high-density foam for effective support. A final layer is a tempered pocket coil that enhances durability, with ideal contour body support even for heavier sleepers.

Zoned support for targeted [pressure relief](#)

For improved comfort and targeted pressure relief, the mattress uses zoned support. The coils are strategically designed with firmer support around the perimeter (head, foot) and middle third (lumbar) to better support the users' core and extremities. Conversely, the areas where users' shoulders and knees typically rest are constructed with slightly softer coils, allowing for deeper contouring and pressure relief in these sensitive areas. This zoned construction is designed to provide optimal support and comfort throughout the night, regardless of the sleep position.

Rigorous standards for a safe guarantee

CertiPUR-US Certified Foam: The memory foam used in Sweetnight Twilight meets the stringent CertiPUR-US standards for content, durability, and emissions. This certification ensures the absence of harmful chemicals such as formaldehyde and mercury, as well as low levels of volatile organic



Soft Touch

12 Inch Hybrid Mattress



4-layer Design

compounds (VOCs). Lower VOC emissions contribute to improved indoor air quality, minimizing potential health risks associated with exposure.

OEKO-TEX Certified Fabrics: All fabrics used in the Sweetnight Twilight mattress are OEKO-TEX certified, guaranteeing that they are free from harmful substances. This independent certification ensures that the materials are safe for all users, especially families with children. The users can be confident that Sweetnight Twilight is a healthy choice for their home environment.

Sweetnight Twilight mattress is suitable for different sleepers

Back sleepers :

The four-layer structure of this mattress can quickly contour to the human body, providing delicate support and relieving back pain

Average weight sleepers:

Average-weight sleepers, especially those who primarily sleep on their backs or stomachs, are likely to find the Sweetnight Twilight mattress particularly comfortable. The balance of pressure relief and support provided by the mattress is well suited to the needs of this weight category.

New to hybrid mattress:

This mattress serves as an ideal entry point to a hybrid mattress, offering both comfort and support at an affordable price.

Product Information



Certipur-US certified Foam



Best For Back Pain

Brand: SweetNight

Model: Twilight Hybrid Mattress

Sizes: Available in multiple sizes

Thickness: 10", 12", 14"

Feel: Soft, Medium-Soft, Medium-Firm

Price: Starts at \$299.99

Purchase Link :

<https://www.sweetnight.com/products/sweetnight-twilight-hybrid-spring-memory-foam-support-mattress>

Sweet Night

SWEET NIGHT TECHNOLOGY INC.

[email us here](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/713970140>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2024 Newsmatics Inc. All Right Reserved.