

## Lyle Simpson pens a thought-provoking narrative, “Fully Human/Fully Alive”

*This compelling narrative helps individuals seek their own path so they may actualize their own lives.*

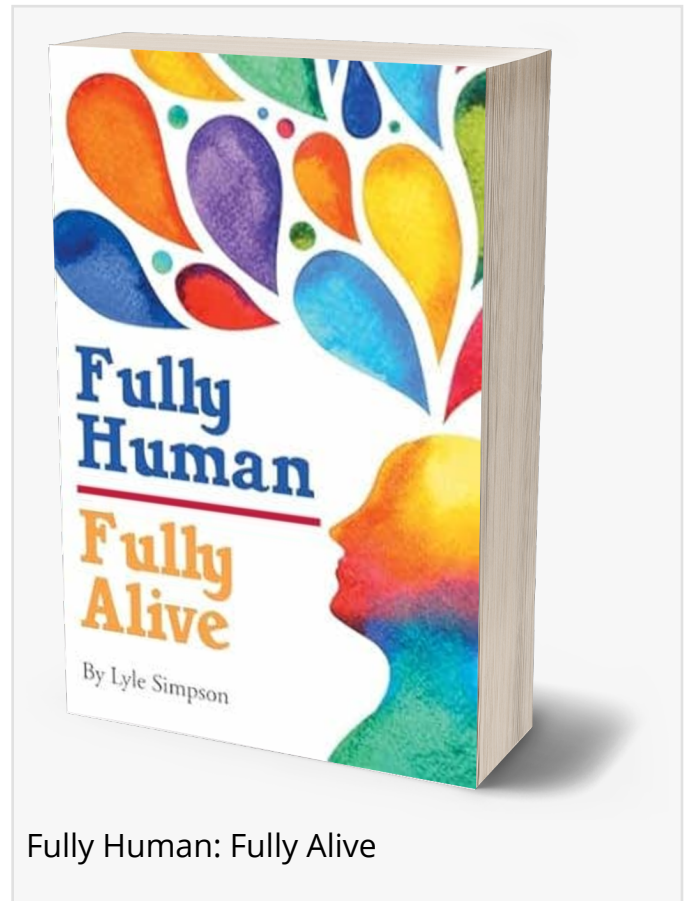
CANTON, MASSACHUSETTS, USA, May 24, 2024 /EINPresswire.com/ -- [Lyle Simpson](#)'s captivating book “[Fully Human/Fully Alive](#)” helps individuals build their own bridges over the barriers that are preventing people from living a full life. You can grab a copy of this thought-provoking narrative on Amazon, Barnes & Noble, and other leading bookstores.

Lyle Simpson is the chair of the Humanist Foundation and the former president of the American Humanist Association. He is a retired attorney at law, specializing in business development and estate planning at Simpson, Jensen, Abels, Fischer, and Bouslog, P.C.

He was born in Des Moines, Iowa, graduated from East High School, and received his B.A. in psychology and philosophy from Drake University. He served two years as Assistant to the Dean of Students at Drake, while he graduated with an L.L.B. and J.D. from Drake University Law School.

Recently, he was interviewed by Benji Cole of the People of Distinction network. They discussed the author's message and inspiration for writing this book. People of Distinction is one of the most extensive and wide-ranging radio shows in the United States. Click on this link to listen to the full interview: [https://www.youtube.com/watch?v=HBtf\\_cLyGms&t=2s](https://www.youtube.com/watch?v=HBtf_cLyGms&t=2s).

“Fully Human/Fully Alive” by Lyle Simpson aims to help the 70% of all Americans living today who are stuck on Abraham Maslow's social level of living. Without realizing it, they are unable to discover their own path that would enable them to go beyond the social level of living in Dr. Abraham Maslow's hierarchy of needs.



Fully Human: Fully Alive

By letting go of all our conflicting desires and just living in the moment, this book also serves as a reminder that we all have the ability to completely enjoy our lives. With an open mind, readers of this book will be able to chart their own course to join those who have successfully attained the three levels of Maslow's hierarchy above the social level, which is necessary for their self-actualization.

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Lyle Simpson

“

Those of us who choose to pursue the opportunity, if there is no life hereafter, at the very least, will not miss making the most of their own life while here on earth, starting today.”

*excerpt from the book*

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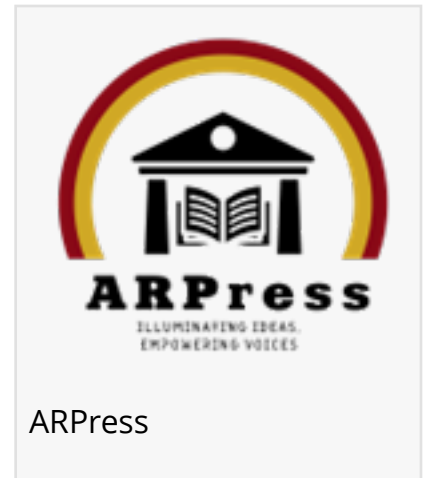
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