

# Yoga Mat Market Size, Statistics, Growth Drivers, Demand and Forecast 2024-2032

Yoga mats are popularly used by individuals for practicing yoga poses in a comfortable manner.

BROOKLYN, NY, UNITED STATES, May 30, 2024 /EINPresswire.com/ -- The latest report published by IMARC Group, titled "Yoga Mat Market: Global Industry Trends, Share, Size, Growth, Opportunity and Forecast 2024-2032", offers a comprehensive analysis of the industry, which comprises insights on yoga mat market. The report also



Yoga Mat Market

includes competitor and regional analysis, and contemporary advancements in the global market.

The global yoga mat market size reached US\$ 15.3 Billion in 2023. Looking forward, IMARC Group expects the market to reach US\$ 23.7 Billion by 2032, exhibiting a growth rate (CAGR) of 4.9% during 2024-2032.

#### Yoga Mat Market Trends:

The global yoga mat market is experiencing significant growth, driven by the increasing awareness of health and wellness among consumers worldwide. The rising popularity of yoga as a holistic practice for physical and mental well-being is leading to a surge in demand for highquality yoga mats. Additionally, the proliferation of fitness centers, yoga studios, and wellness retreats, coupled with the growing trend of at-home yoga practices, is further propelling market expansion. Along with this, the adoption of eco-friendly and sustainable materials in the manufacturing of yoga mats, such as natural rubber, jute, and organic cotton, is appealing to environmentally conscious consumers, thus boosting sales.

Furthermore, the influence of social media and celebrity endorsements is enhancing consumer engagement and driving market growth. The increasing prevalence of yoga-related events and festivals globally also contributes to the rising demand for yoga mats, as these events often

emphasize the importance of personal yoga equipment.

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Yoga Mat Market Scope and Growth Analysis:

The mat market encompasses a broad range of products designed to cater to diverse consumer needs, from beginners to advanced practitioners. The market offers various types of yoga mats, including standard, travel, and specialty mats designed for specific practices such as hot yoga and Pilates. Innovations in yoga mat design, such as mats with improved grip, enhanced cushioning, and antimicrobial properties, are attracting a wider consumer base. As per the market analysis, the market's growth is further supported by the expansion of e-commerce platforms, which provide consumers with convenient access to a wide array of yoga mats and enable easy comparison of products.

In addition, the integration of advanced technologies, such as non-slip surfaces and moisture-wicking properties, is enhancing the functionality and appeal of yoga mats. The market analysis also indicates a steady growth trajectory, with increasing investments in product development and marketing strategies aimed at expanding the consumer base and reinforcing brand loyalty.

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#### Competitive Landscape:

The competitive landscape of the market has been studied in the report with the detailed profiles of the key players operating in the market.

- · Adidas AG
- ALO LLC (Color Image Apparel Inc.)
- Barefoot Yoga Co
- Ecoyoga Ltd
- EuProMed s.r.o.
- Hugger Mugger
- JadeYoga
- · Liforme Ltd.
- Lululemon Athletica
- Manduka
- prAna (Columbia Sportswear)
- Yaazhtex

Yoga Mat Market Segmentation:

Our report has categorized the market based on region, material, end use and distribution channel.

#### Material Insights:

- PVC
- TPE
- Rubber
- Cotton and Jute
- Others

### End Use Insights:

- Yoga and Fitness Clubs
- Household
- Others

## Distribution Channel Insights:

- Supermarket and Hypermarket
- Specialty Stores
- Online Stores
- Others

#### Regional Insights:

- North America (United States, Canada)
- Europe (Germany, France, United Kingdom, Italy, Spain, Others)
- Asia Pacific (China, Japan, India, Australia, Indonesia, Korea, Others)
- Latin America (Brazil, Mexico, Others)
- Middle East and Africa (United Arab Emirates, Saudi Arabia, Qatar, Iraq, Other)

## Key highlights of the report:

- Market Performance (2018-2023)
- Market Outlook (2024-2032)
- Porter's Five Forces Analysis
- Market Drivers and Success Factors
- SWOT Analysis
- Value Chain
- Comprehensive Mapping of the Competitive Landscape

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IMARC's information products include major market, scientific, economic and technological developments for business leaders in pharmaceutical, industrial, and high technology organizations. Market forecasts and industry analysis for biotechnology, advanced materials, pharmaceuticals, food and beverage, travel and tourism, nanotechnology and novel processing methods are at the top of the company's expertise.

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