

After the Storm Recovery Center Introduces The 4C Framework™ for Recovery Treatment

The framework encapsulates their intensive therapeutic program and supports their 3-Pronged approach to treatment.

TODOS SANTOS, BAJA CALIFORNIA SUR, MEXICO, May 31, 2024 /EINPresswire.com/ -- After the Storm is a residential drug rehabilitation program that offers a private, personalized, and intimate recovery experience in a tranquil and beautiful coastal center in Baja California Sur.

Co-founders Bill Arbuckle and Morgan Davies recently announced their 4C Framework™, which encapsulates their intensive therapeutic program and supports their 3-Pronged approach to treatment:



After the Storm logo

- 1) Addressing surface-level usage behaviors
- 2) Investigating underlying causes and trauma through intensive therapeutic programming
- 3) Practical application planning to sustain learning and new behaviors through transition planning and aftercare

"The framework 'meets people where they are' on their recovery journey, creating a safe space and supporting clients to understand themselves as they are, so they can choose how they want to change," says Clinical Director Bill Arbuckle, who holds a Master's Degree in Counseling Psychology from Adler University and is also a Registered Clinical Counsellor (RCC) from British Columbia, Canada.

Morgan Davies, Chief Operations Officer, adds, "This practical and inclusive system compliments whatever approaches and tools may resonate with a client."

The 4 C's are:

Compassion: An antidote to shame, blame, and judgment.

Community: An antidote to feeling alone and not good enough.

Connection: An antidote to feeling lost and misunderstood.

Consistency: An antidote to neglect and chaos.

To read more about The 4C Framework™, you can visit the After the Storm <u>"About Our Program" page</u> or look through a <u>digital brochure here</u>.

For More Information:

After the Storm Recovery Center can be reached toll-free from the U.S. and Canada at (888) 984-0758. From Mexico, After the Storm can be reached via Whatsapp at +1 (604) 562-3938. You can also



After the Storm Facility View

message them through their website: https://afterthestormrecovery.com/. The facility is located at FQ86+97, Todos Santos, B.C.S. 23300, Mexico.



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Bill Arbuckle, Founder and Clinical Director

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After the Storm Facility

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