

Cardigan has been named one of the top three places to visit in the UK for 2023 by Time Out

Welsh Tourism

CARDIGAN, WEST WALES, WALES, June 5, 2024 /EINPresswire.com/ -- Nestled on the picturesque coast of West Wales, the charming town of Cardigan has been named one of the top three places to visit in the UK for 2023 by Time Out, the global publication renowned for its travel advice and recommendations. Described as the “most underrated” spot in West Wales, [Cardigan Bay](#) offers an enchanting blend of natural beauty, rich history, and a vibrant cultural scene that promises an unforgettable experience for every visitor.



The old bridge into Cardigan (Image: Western Mail)

A Gateway to History and Culture

“

What a wonderful base to explore the area from. Plenty of places to visit for days out. Lovely beaches, castles, National Trust properties, nature reserves and walks. All nearby or a short drive away.”

Scenic775259 - Trip Advisor

Cardigan Bay, located in the ancient town of Cardigan in Ceredigion, is often referred to as the gateway to the Teifi Valley. This quaint town is home to the magnificent 900-year-old Cardigan Castle, a historical landmark that has been meticulously renovated. The castle stands as a testament to the town’s storied past and is the birthplace of the renowned Eisteddfod festival, a celebration of Welsh culture and heritage.

A Bustling Hub of Creativity and Commerce

Time Out praises Cardigan for its “dazzling creative streak”

and plethora of independent businesses. The town is brimming with unique shops, cozy cafés, and inviting pubs, making it a delightful destination for visitors who appreciate artisanal goods and local flavors. Highlights include the Crwst bakery, known for its mouth-watering pastries and coffee, and the bustling Guildhall Market. Currently spread over three separate sites while the main building undergoes renovation, the market is a vibrant center of commerce where Welsh ideas are celebrated and conversation is as valuable as currency.

A Culinary Delight

Food lovers will find Cardigan to be a culinary haven. Begin your day with a delightful brunch at Bara Menyn Bakehouse, known for its freshly baked bread and hearty breakfast options. For lunch, head to the Canolfan Teifi market to sample a variety of local delicacies. As the sun sets, cross the river to enjoy a delicious meal at Pizzatipi, a popular spot that offers a unique dining experience with its riverside location and delectable pizzas.

Endless Exploration

Cardigan is not just about its historical sites and culinary delights; it also offers numerous opportunities for exploration. Visitors can stroll through the town's charming streets, explore the local arts scene at Stiwdio3, or enjoy a movie at the independent cinema Mwldan. For those who prefer a more spirited experience, the gin distillery-cum-bar Bar 45 offers a cozy setting to unwind with a drink in hand.

Breathtaking Natural Beauty

The town's natural beauty is another reason why Cardigan Bay is a must-visit destination. With its proximity to several stunning beaches, visitors can enjoy the serene coastal scenery and engage in various outdoor activities. Whether it's a leisurely walk along the shore or an adventurous day of water sports, Cardigan Bay's beaches provide the perfect backdrop for relaxation and recreation.

Accommodation in Cardigan Bay

After a day of exploration, rest your head at one of the charming [accommodations in Cardigan Bay](#). The Albion Aberteifi offers a blend of modern comfort and historical charm, ensuring a restful stay in the heart of this ancient town. For those who prefer more independence, there are numerous [self-catering accommodation](#) options available, providing visitors with the flexibility to create their own unique holiday experiences.

A Warm Welsh Welcome

One of the most endearing aspects of Cardigan Bay is the warm welcome extended by its residents. Time Out's UK Editor, Huw Oliver, emphasizes the friendly community spirit that

visitors will encounter. "In all of the places on the list, you will find interesting things to see and do, eat and drink during the day and night, a friendly welcome, and a community spirit which enables you to connect with locals and really get to know a place," he says.

Plan Your Visit

With its rich history, vibrant culture, and breathtaking natural beauty, Cardigan Bay is a destination that offers something for everyone. Whether you're planning a day trip or an overnight stay, this hidden gem in West Wales promises an experience that will leave you with lasting memories. Don't miss the opportunity to explore one of the UK's top travel destinations for 2024.

Lewis Cowan

LGC Media

+44 7764 840282

[email us here](#)

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