

Here We Go Fitness Launches New Location in Queens, New York

Personal Training Studio Blends Individualized Fitness With a Community Atmosphere.

FOREST HILLS, NEW YORK, UNITED STATES, June 7, 2024

/EINPresswire.com/ -- [Here We Go Fitness](#), an award-winning personal training facility in Forest Hills, proudly announces the grand opening of its expanded location at 105-25 Metropolitan Avenue. A special ribbon-cutting ceremony will begin at 4pm on June 13th, with special membership sales and opportunities for anyone interested in kick-starting their fitness journey. The event highlights our philosophy of blending a community atmosphere with a personalized fitness experience, offering premium services tailored to meet individual health and wellness goals in a comfortable atmosphere.



Justin Yuen proudly stands inside the newly opened Here We Go Fitness in Forest Hills, Queens, NY, ready to inspire the community with a fresh approach to health and wellness.

Here We Go Fitness was voted Best Personal Trainer by the Queens community in the annual Best of the Boro competition. The founder and head trainer, Justin Yuen, says “what sets us apart

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Here We Go Fitness is a haven for those seeking expert guidance, transformative results, and individual attention.”

Justin Yuen

from other gyms is that Here We Go Fitness is a haven for those seeking expert guidance, transformative results, and individual attention that you can only get with personal training; but in a family environment that you would find in your favorite community shops and eateries.” In an age where obesity, diabetes, and heart disease are the leading causes of chronic illness and mortality, Here We Go Fitness is on a mission to help anyone in the community looking to live a stronger, healthier lifestyle.

For more information or to schedule a FREE consultation, visit

<https://www.herewegofitnessnyc.com>

About Here We Go Fitness:

Here We Go Fitness provides personal fitness training and nutrition services in a safe, clean, and positive atmosphere. We guide clients on their journey to optimal health and wellness through comprehensive fitness programs designed to add muscle, reduce body fat, improve cardiovascular health, and achieve their peak physique. We deliver highly successful results for members of all ages and fitness levels.

105-25 Metropolitan Avenue

Forest Hills, NY 11375

<https://www.herewegofitnessnyc.com/>

Justin Yuen

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