

# Parry's Wellness and Diabetes Center Coaching and Education Programs for Enhanced Wellness

*Innovative Practice at the Forefront of Holistic Healthcare in Charlotte, NC*

CHARLOTTE, NC, USA, June 7, 2024 /EINPresswire.com/ -- Parry's Wellness and Diabetes Center is thrilled to introduce its new lifestyle and self-care coaching services. Led by Dr. Victoria Bouhairie, a distinguished board-

certified specialist in Endocrinology and Lifestyle Medicine, this pioneering initiative aims to empower individuals on their journey to optimal health and wellness.

The practice's innovative offerings encompass personalized health coaching, nutrition



A balanced diet and regular exercise are important parts of a healthy living that can help keep you from getting chronic diseases and improve your quality of life."

*Victoria Bouhairie, MD*

consulting, exercise programs, and stress reduction measures, delivered through virtual or in-person consultations tailored to meet each patient's specific needs. Additionally, Dr. Bouhairie provides endocrinology second opinion consultations and educational series. For residents of North and South Carolina, comprehensive diabetes care and management services are also available.

Dr. Victoria Bouhairie, Founder and Medical Director of

Parry's Wellness and Diabetes Center, shared her enthusiasm for these new services: "Our goal is to create a supportive environment where patients can receive holistic care tailored to their unique needs. We are committed to empowering our patients with the knowledge and tools they need to manage their health effectively."

In addition to these services, the center actively engages in community outreach programs, including educational workshops aimed at fostering wellness and support within the community.



## Parry's Wellness & Diabetes Center

Board Certified Endocrinologist and Holistic Lifestyle Expert

Empowering Health: Holistic Wellness for Self-Discovery and Healing

For individuals seeking transformative healthcare experiences, Parry's Wellness and Diabetes Center stands as a beacon of innovation and excellence, offering comprehensive care and holistic approaches that inspire lasting lifestyle changes.

For media inquiries or to learn more about Parry's Wellness and Diabetes Center, please contact:

Victoria Bouhairie, MD

Parry's Wellness and Diabetes Center

+1 704-496-2848

[email us here](#)

Visit us on social media:

[Instagram](#)

---

This press release can be viewed online at: <https://www.einpresswire.com/article/718102662>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2024 Newsmatics Inc. All Right Reserved.