

LORENA SIKORSKI OPENS UP TO THE WORLD ON HER LIFE'S EXPERIENCES

Lorena Sikorski grasps all her memories as she writes this memoir

LOS ANGELES, CALIFORNIA, USA, June 12, 2024 /EINPresswire.com/ --

Children require parental affirmation in their lives. However, sometimes, a parent's love can be conditional which can also affect a child's behavior. It may also develop into a feeling of being unwanted by their parents. Lorena Sikorski has experienced this while growing up. And as a form of a coping mechanism, she had become her mother's goofball. Trying to joke around behind the violence.

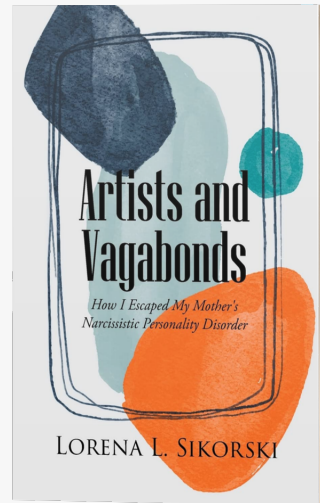
Sikorski bares her soul and shares her triumphant escape from the clutches of a challenging upbringing in her memoir, "Artists and Vagabonds: How I Escaped My Mother's Narcissistic Personality Disorder."

Through raw honesty, she recounts her quest for independence and self-discovery, emphasizing the power of resilience. The book illustrates how Sikorski's traumatic past influences her relationships, self-esteem, and emotional well-being, ultimately offering hope and inspiration for others facing similar trials. It's a compelling narrative of overcoming adversity, finding healing, and forging a path to self-empowerment.

Lorena is a retired educator from California. She has taught in the Garden Grove Unified School District in Orange County for 35 years. She has also finished graduate school in science.

Learn from Lorena's experiences and be inspired by her bravery and resilience. Available on Amazon.

[Olympus Story House](#) is an emerging digital marketing firm based in Reseda, California that



Artists and Vagabonds: How I Escaped My Mother's Narcissistic Personality Disorder

focuses on offering high-quality work at a reasonable price. Our talented staff collaborates with clients to establish a stronger brand and help them get the recognition they deserve. We have the ultimate goal of providing our authors with services that would fit a wide range of marketing budgets, offer reliable feedback and proper guidance in their projects, and present quality service. With our team of passionate marketing and publishing experts, we strive to bring our client's projects to their best potential.

Elmer Alexander Teves
Olympus Story House
+1 818-809-0723
[email us here](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/719530545>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2024 Newsmatics Inc. All Right Reserved.