

Novilla Serenity Promises Enhanced Comfort and Support

Novilla Serenity mattress as a hybrid design specifically tailored to combat common sleep issues, offers a compelling solution.

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/EINPresswire.com/ -- Good health is dependent on restful sleep, which is why the choice of mattress is crucial. The mattress industry has responded to this by developing hybrid models that combine the established support of innerspring coils with pressure-relieving comfort materials.

The [Novilla](#) Serenity mattress as a hybrid design specifically tailored to combat common sleep issues, offers a compelling solution. This article will delve deeper into the mattress's construction and material selection to understand how it aims to deliver a comfortable sleep experience.



5 signs a mattress is causing [back pain](#):

Waking Up With Pain: Waking up with aches and pains in the back, neck, or shoulders may indicate that the mattress is not providing adequate support.

Difficulty Finding Comfort: Regularly struggling to find a comfortable sleeping position throughout the night may suggest that the mattress does not conform well to the body's pressure points.

Inappropriate firmness level: A mattress that is either excessively firm or soft for an individual's sleep style can lead to discomfort and misalignment of the spine.

Mattress Age: Mattresses naturally deteriorate over time, losing their supportive qualities. An older mattress may no longer provide the necessary level of comfort.

Mattress Quality: It is possible that lower-quality mattresses may not offer the same level of support and pressure relief as higher-quality options.

Novilla Serenity Enhanced Support for Back [Pain Relief](#)

The Novilla Serenity Hybrid mattress boasts features designed to promote proper spinal alignment and potentially alleviate back pain. A high-density base foam layer forms the foundation, ensuring overall stability and distributing body weight evenly to minimize pressure points that can lead to back, neck, and hip discomfort. Above this high-density base lies an advanced innerspring system with individually wrapped coils. This design conforms to the user's body contours, providing targeted pressure relief in the back, neck, and hips. With a medium-firm comfort level, the mattress caters to back and stomach sleepers who typically benefit from a firmer surface for proper spinal alignment, potentially reducing back pain.

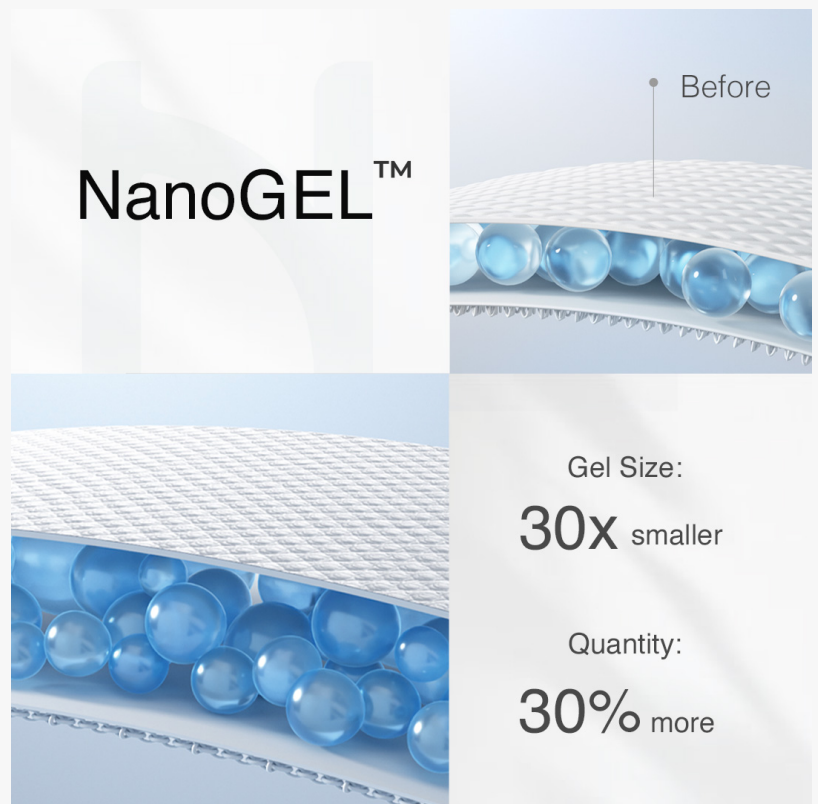
And what is the function of the additional two layers?

Enhanced cooling materials: A layer of enhanced nano-gel memory foam with nano-sized gel particles (30 times smaller and more evenly distributed than traditional gel memory foam) is incorporated. This design aims to draw heat away from the body for a cooler sleep.

Improved airflow: The mattress also features a layer of Airflow comfort foam. This breathable material is designed to increase air circulation throughout the mattress, preventing heat build-up and promoting a cooler sleeping surface.



Supportive Structure



Nano Cooling Gel

Novilla Serenity Hybrid Mattress is suitable for :
Novilla Serenity is designed for individuals seeking a comfortable and supportive hybrid mattress that prioritizes pressure relief, cooling, and motion isolation. Back and stomach sleepers who favor a medium-firm sleeping surface are particularly likely to find this mattress comfortable.

Product Information

Brand: Novilla

Model: Serenity Hybrid Mattress

Sizes: Available in multiple sizes

Thickness: 10"

Feel: Medium-Firm

Price: Starts at \$247

Purchase Link:

<https://www.novilla.net/products/serenity>

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