

Mental and Health Awareness Welcomes Tobie Spears of Be Humanitarian as New Contributor

Be Humanitarian leads humanitarian trips to Guatemala to fulfill their mission to inspire volunteers to become global citizens and take a hands-on role

BROOMFIELD, CO, UNITED STATES, June 20, 2024 /EINPresswire.com/ -- [Mental and Health Awareness](#) is thrilled to

announce a new contributor: Tobie

Spears, the Founder of [Be Humanitarian](#). This non-profit organization is dedicated to offering memorable experiences for participants on trips to Guatemala to assist those in need.



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In the July issue of MAHA magazine, Tobie shares her insights on collecting donations, fundraising, building trust, and managing disloyalty. We are thrilled to welcome her to our team of contributors.”

Doré E. Frances, Ph.D, Editor-in-Chief

Tobie is a graduate of the University of Utah with degrees in Political Science and Sociology, along with a Certificate in Criminology.

She remains actively engaged in running Be Humanitarian and organizing humanitarian tours in Guatemala. Tobie was awarded the ENE International Business Philanthropist of the year in 2022.

"In the July issue of [MAHA magazine](#), Tobie shares her insights on collecting donations, fundraising, building trust, and managing disloyalty. We are thrilled to welcome her to our team of contributors," says Doré E. Frances

The collaborations with our contributors are integral to expanding the reach of education and mental health news on our website and in our quarterly magazine. Under the leadership of Doré E. Frances, the Mental and Health Awareness website and magazine have more than doubled in size over the past two years, significantly expanding their portfolio of education and mental health resources and increasing their magazine subscribers.


Dore Frances
Mental and Health Awareness
+1 720-258-5577
[email us here](#)
Visit us on social media:
[Facebook](#)
[LinkedIn](#)



Tobie Spears, Founder, Be Humanitarian

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LOYALTY - DISLOYALTY IS EXTREMELY PAINFUL



Atlas Life Empowering Young Adults/Financial Literacy	Benjamin Meyer, LCSW What Does Loyalty Mean for the Neurodivergent?	Tobie Spears Rebounding After Disloyalty: A Guide
Belkis Clarke Disloyalty's Effect on Mental Health	Chelsea Dickinson Stop, Drop, and ROLL: Navigating Disloyalty	Justine Dean Betrayal Trauma Irreparable Damage

MENTALANDHEALTHAWARENESS.COM

MAHA July 2024 Magazine

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