

# Anita Rector's Book, 'Now I Know My ABC's,' Is A Joyful Journey Into Early Learning For Children

*The book, "Now I Know My ABC's," features a week-by-week approach, allowing children to explore one letter at a time.*

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/EINPresswire.com/ -- [Anita Rector](#), a passionate advocate for early childhood education, is glad to announce the release of her recent book, "Now I Know My ABCs." This comprehensive resource, designed for parents and educators, makes learning the alphabet enjoyable and improving for young children.



In the book, "[Now I Know My ABC's](#)," Anita Rector draws upon her extensive experience as a nanny and caregiver to offer practical guidance and engaging activities for teaching the alphabet. With a focus on hands-on learning, each lesson is written to capture toddlers' attention and foster their natural curiosity.

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A resource designed to assist parents and teachers in helping young children embark on a fun and educational journey to learn the alphabet.”

*Anita Rector*

Every parent wants their children to succeed, and learning the alphabet is an important first step. But it's also important to make the learning process fun and interactive. Therefore, Anita decided to write this book to give parents and educators the tools they need to make

learning a joyful experience for children.

The book, "Now I Know My ABC's," features a week-by-week approach, allowing children to explore one letter at a time.

Through various activities, including crafts, outings, and recipes, children are encouraged to engage with each letter in multiple ways, reinforcing their understanding and retention.

Anita Rector emphasizes the importance of balancing fun and education, noting that children are more likely to retain information when actively engaged in learning. By including fun activities in the curriculum, "Now I Know My ABCs" helps children develop a lifelong love of learning.

The book's most valuable aspect is its focus on building strong bonds between children and their caregivers or educators. Anita Rector believes meaningful interactions and shared experiences are essential for fostering trust and communication in young children.

Therefore, when children feel connected to their educators, they are more comfortable asking questions, seeking guidance, and actively participating in learning. That's the main reason Anita Rector included activities in her book, "Now I Know My ABCs," that encourage bonding and interaction between children and adults.

Anita Rector is a passionate advocate for early childhood education and has over two decades of experience as a caregiver and educator. She holds a degree from the University of Washington and is dedicated to helping children learn and grow in a nurturing environment. She is a devoted grandmother to two grandchildren. She is currently residing in Washington State with her husband and two German Shepherd rescue dogs.

"Now I Know My ABC's" by Anita Rector is now available for purchase at <https://a.co/d/41mTKyY>.

For more information, author interviews, or book inquiries, please send email to [anitarector04@gmail.com](mailto:anitarector04@gmail.com).

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