

# Stephen Shaya, MD, Joins BlueStar TeleHealth Board

*Exceptional Medical and Business Background Adds Versatility as BlueStar Broadens its Telehealth Strategies*

WASHINGTON, DC, UNITED STATES, July 2, 2024 /EINPresswire.com/ -- BlueStar [TeleHealth](#) is proud to announce that Stephen Shaya MD has been elected to its Board of Directors. His addition will further strengthen an already prestigious Board, which boasts a wealth of healthcare industry experience, extensive leadership positions, and business knowledge.

Dr. Shaya is the Executive Vice President of J & B Medical, a privately held global health care solutions company, and a family practice physician. In his role, he oversees all strategy, innovation, and growth of the family of companies under J & B. Under his guidance, J & B has started eighteen different business

enterprises and now has customers around the world, including 48 states in the US. He serves on numerous boards, including the American Diabetes Association in Michigan, Velatura, and Henry Ford Hospital. He is the recipient of several prestigious awards, including the Vatican Pontifical Hero Award and the Presidential Leadership Award. In 2022, he spoke at the World Expo in Dubai, on the topic of Reimagining the Global Medical Supply Chain and spoke at Milken Global in May of 2023 on Modernizing the Global Supply Chain.

He is also Managing Director of Akkad Holdings, his family office. The Shaya family owns J & B Medical, which is a world-class family of businesses that span across all aspects of medical-related care, including the following: insurance-covered products, national managed care contracts, medical-surgical products, retail home-care products, technology solutions, and serves as one of the largest third-party billers of consumable medical products in the United States. J & B owns J & B Virtual Care Solutions, which manages a telehealth company serving over one



Stephen Shaya, M.D.

million customers worldwide.

BlueStar's CEO, retired Admiral Robert Wray, said, "We are extremely excited and very proud to have Dr. Shaya join our Board of Directors. His commitment to driving progress in healthcare will strengthen an already superlative team, and his exceptional leadership and management skills will be instrumental in determining the company's direction moving forward."

Dr. Shaya said: "So honored to be joining the BlueStar team and love their passion about finding innovative solutions to improve healthcare. Really enjoyed reading Admiral Wray's book on Saltwater Leadership which provides leadership principles to officers at sea. Very humbled to be joining a group with so many people involved who have distinguished service to our country. Nick Lampson said it best: 'There is nothing nobler than risking your life for your country.'"

### About BlueStar TeleHealth

BlueStar TeleHealth specializes in delivering the final mile of telehealth services into patients' homes. Its comprehensive offerings include hardware, software, care plans, nurse monitoring, logistics, tech support, customer service, patient recruitment, onboarding, equipment management, and retrieval. This approach enables caregiving organizations to focus primarily on clinical care while BlueStar handles the complexities of delivering telehealth services. BlueStar is proud to have over 80 veterans as shareholders, including 44 admirals and generals. BlueStar's CEO, Admiral Robert Wray (retired), served as the President of The Flag and General Officers Network, the nation's largest organization of retired generals and admirals, with approximately 2000 members. <https://bluestartelehealth.com>

### About J & B Medical

J&B Medical is a recognized market leader in health care focused on enhancing the quality of life, improving clinical outcomes, and reducing health care costs for consumers and businesses. Services include insurance-covered and emergency-medical supplies, retail at home, veterinary products, and medical technology solutions. J&B Medical is a nationally certified Women's Business Enterprise. For more information, please visit us at <https://JandBMedical.com>.

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BlueStar TeleHealth

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