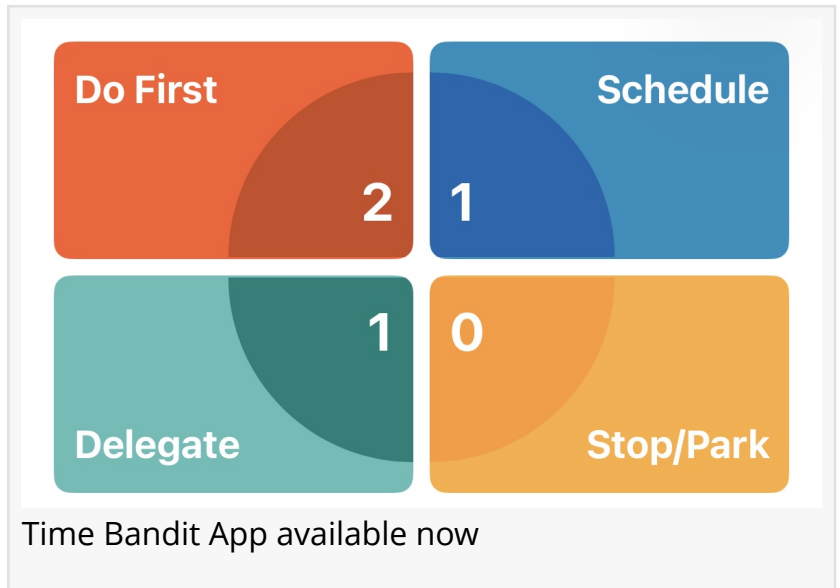


Stop Time Theft and Automate To-Do Lists with Time Bandit

Introducing the Time Bandit Mobile App: Simplified Priority Management, Habit Tracking, and Balance in a single app

DALLAS, TEXAS, USA, July 9, 2024 /EINPresswire.com/ -- Coterie Solutions is thrilled to announce the release of its latest breakthrough – the [Time Bandit](#) mobile app. Inspired by Michael Cupps' best-selling [book](#) "Time Bandit," is now available on the [Apple](#) Store and Google Play. It aims to significantly enhance users' quality of life through three fundamental principles: Priority Management, Habit Tracking, and maintaining a balanced life across business, personal, and aspirational pursuits.



Prioritize Tasks with the Eisenhower Matrix



Too many productivity apps focus on a single item, creating app fatigue to manage time." "The dev team did a fantastic job of keeping the app simple while maintaining a meaningful balance."

Michael Cupps

Central to the Time Bandit app is a simplified Priority Management system, featuring an easy way to apply the Eisenhower Matrix. This tool helps users discern what truly matters and focus their efforts accordingly. As Michael Cupps outlines in his book, the Priority Matrix ensures that tasks are not only organized but are aligned with users' core values and long-term goals. By automatically categorizing tasks, users can efficiently allocate their time and energy to high-impact activities, resulting in enhanced productivity.

Transform Daily Routines with Habit Tracking

Drawing directly from the wisdom in "Time Bandit," the app offers robust Habit Tracking functionalities. Users can establish positive habits, monitor their progress, and receive streak insights that foster lasting change. This feature is designed to help users break free from counterproductive routines and adopt behaviors that contribute to their overall success and

well-being. The Habit Tracking app encourages consistency and provides motivation to keep users on track.

Achieve Balance in All Areas of Life

One of the core teachings of "Time Bandit" is the importance of maintaining balance across all aspects of life. The Time Bandit app seamlessly integrates features that support a holistic approach to time management. Whether it's allocating time for family, focusing on personal health and wellness, or pursuing aspirational goals, the app ensures that users can achieve a harmonious balance. As Michael Cupps emphasizes, true success comes from a well-rounded life, where personal, professional, and aspirational elements are in sync.

About Coterie Solutions

Coterie Solutions is a Dallas-based company dedicated to pushing the boundaries of innovation through coaching (individual & team) and productivity development. With a focus on creating tools that enhance productivity and life satisfaction, Coterie Solutions continues to lead the way in developing solutions that make a tangible difference in people's lives.

Availability

"I am very excited to see this app get to market. Too many productivity apps focus on a single item for improvement, creating app fatigue to manage time." said Michael Cupps, Author of Time Bandit. "The dev team did a fantastic job of keeping the app simple while maintaining a meaningful balance."

The Time Bandit is now available for download for Apple and Android devices. Designed for ease of use and maximum impact, the app offers a range of customizable features to suit the unique needs of each user. By bringing the principles of the "Time Bandit" book to a mobile platform, Coterie Solutions and Michael Cupps have made it easier than ever for individuals to take control of their time and elevate their quality of life.

About Michael

Michael Cupps is an author and expert in productivity and decision intelligence. His book, "Time Bandit," has empowered countless individuals and organizations to reclaim their time and boost productivity. With the launch of the Time Bandit app, Michael continues to inspire and guide people toward leading more fulfilling and balanced lives.

For more information, visit www.timebandit.io or download the app directly from the Apple Store and Google Play and start a 7-day free trial.

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