

# Join Yasmine Cheyenne & Many More At The Well-Done Life 'Reset' Experience Event

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ORLANDO, FLORIDA, UNITED STATES, July 8, 2024 /EINPresswire.com/ -- The Well-Done Life organization is excited to announce its groundbreaking event, the 'Reset' Experience, now scheduled for August 24th, 2024, at the Lake Nona Wave Hotel in Orlando, FL. This transformative event is designed to empower women to embrace holistic living, prioritize self-care, achieve financial empowerment, and cultivate a supportive community.

The 'Reset' Experience offers a comprehensive program focusing on mental health, physical wellness, financial empowerment, and community building. Attendees will have the opportunity to participate in expert-led panels and interactive sessions that unlock the mysteries of a resilient mindset, inspire self-care practices, provide insights into wealth creation and financial planning, and foster a supportive community committed to personal growth.

One of the highlights of the event is the participation of Yasmine Cheyenne, a renowned Self-Healing Expert, Author, Wellness Coach, and Meditation Instructor. Yasmine's expertise in mental health and self-healing has been featured on prominent platforms such as The Today Show, Forbes, Essence, and TEDx. Her debut book, "The Sugar Jar: Create Boundaries, Embrace Self-Healing, and Enjoy the Sweet Things in Life," offers readers practical guidance on setting boundaries and living a balanced and fulfilled life.



The poster features a circular portrait of Yasmine Cheyenne, a woman with long dark hair wearing a pink top. To the right of the portrait, the text reads: "YASMINE CHEYENNE" in a bold, sans-serif font, followed by "The Reset Opening Speaker" in a cursive script. Below this, the event details are listed: "SATURDAY August 24, 2024 8:30 am - 5:00 pm" and "Lake Nona Wave Hotel Orlando". At the bottom right, it says "Meet Yasmine" in cursive, followed by "THE SUGAR JAR" and "THE WISDOM OF THE PATH" in red, and "Unlock Your Path to Transformation" with the website "www.welldonerreset.com". A circular logo for "THE WELL DONE LIFE" is positioned at the bottom left of the poster.

Yasmine Cheyenne, The Well Done Life Reset Opening Speaker

"We're thrilled to have Yasmine Cheyenne join us for the 'Reset' Experience," said Pamela Davis, The Well-Done Life Creator. "Her insights into self-healing and boundary-setting align perfectly with our mission to empower women to live their best lives. Yasmine's presence will undoubtedly inspire and uplift all attendees. Any participants who join us will receive Yasmine's newly released book, "Wisdom of the Path: The Beautiful and Bumpy Ride, to Healing and Trusting Your Inner Guide."

In addition to Yasmine Cheyenne's keynote address, the event will feature esteemed speakers and panelists including:

Demetria Hill Sloan, MPH, ACC, ICF, Mental Health Panelist  
Orinthea DeCarish, MS, MCAP, LMHC-QS, Mental Health Panelist  
Dr. Jeaudine Bontemps Hill, Physical Wellness Panelist  
Dr. LaReesa Ferdinand, Physical Wellness Panelist  
Dr. Pari Limbachia, Physical Wellness Panelist  
Lesley Batson, Financial Empowerment Speaker  
Tamra Boone, Building Community Panelist  
Dr. Zera, Building Community Panelist  
Sheena Jackson, Building Community Panelist  
Kati Pearson, Ed.S., Emcee

"We've curated every aspect of the 'Reset' Experience to provide an intimate and luxurious experience for our attendees," said Pamela. "From inspiring speakers to delicious food and custom gift bags filled with amazing goodies, every detail is designed to make this event unforgettable."

The 'Reset' Experience will take place on August 24th, 2024, from 8:30 am to 5:00 pm at the Lake Nona Wave Hotel in Orlando, FL. . For more information about the 'Reset' Experience and to purchase tickets, visit <https://welldonerreset.com>.

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