

Australian Hospitals Permit Nurses To Wear Fun Scrubs in Friday as Part Of The Fun Day Friday Initiative

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/EINPresswire.com/ -- Australian hospitals are quite excited and hopeful as they launch the "Fun Day Friday" initiative. As per this initiative, nurses are now permitted to wear fun-printed [scrubs](#) every Friday. It is expected that this fun new program will boost the morale of the nurses and create a happy and cheerful environment for patients as well as nurses.

As nurses use these fun printed scrubs on Fridays, hospitals hope that it will enhance the workplace atmosphere, build a sense of community, and bring in positivity and a smile at the end of the week.

It should be noted that Australian healthcare takes special initiative to support the well-being and happiness of their dedicated nursing staff. Why Fun Fridays are Necessary in Australian Hospitals



Fun People often attribute increased productivity at work to Fridays. Everyone needs success at work, but success doesn't always come with hard work. There is often a requirement for recreation where fresh ideas come up to rejuvenate the employees. This is especially required in hospitals and healthcare segments, where the staff is often stressed and needs relaxation.

How Hospitals Are Adapting

Nurses at a reputed oncology ward took no time in brightening up their Fridays with this new weekly initiative. As part of this program, the team wears their fun printed colourful scrubs every Friday with a big smile on their faces. The best part is that everyone is quite happy with this weekly tradition.

Sandra says, "Why should we limit it to Christmas?' The patients here simply love these [fun scrubs](#), and the staff is happy and cheerful wearing them. It's a break from our mundane routine."



"People feel that cancer nursing is all about sadness and negativity, but that's not true; there is plenty of laughter in our unit. The time we spend with our patients is the best part of my day." There is always a special bond with patients as they provide continuous care.

She goes ahead to say, "I can't change the diagnosis, but I can certainly bring a change in how they feel during their treatment... If I've done everything I can to advocate for patients and ensure they receive the best care, I can be at peace when I go home, thinking that I have done my best." These fun-printed scrub pants will certainly make a difference.

Fun Printed Scrubs and Their Role

Originally, scrubs were available in simple solid colours like white, green, or blue. Ever since the introduction of the Fun Day Friday initiative, it has been noticed that fun-printed scrubs are in high demand. These scrubs offer healthcare workers a good opportunity to express their personal style and individuality, especially in an environment where uniforms are the norm. The use of printed scrubs has been attributed to a number of reasons.

A Great Way to Patient Interaction

These fun-printed scrubs are said to have a major role in patient interactions, especially with children. For instance, paediatric nurses choose to wear scrubs that have bright and cheerful cartoon characters, animals, or other playful designs. Such designs are a major attraction for children and are known to put young patients at ease. Thus, as they remain distracted and happy, the medical procedures certainly become less intimidating.

In fact, it is seen that many young patients who do not interact much have questions about the scrubs. Many even ask, "Where did you get these scrubs from? They are so unique'.

Another patient mentioned, "Your scrubs really brighten up the mood."

Nurses feel positive and happy when they find patients in a happy and interactive mood.

Makes Nurses and Healthcare Providers Approachable:

Nurses are often seen in their uniforms. Who doesn't want a change? Wearing fun scrubs can make nurses appear more approachable and less intimidating. Patients can be at ease as their fun scrubs make the environment lighter and the mood fun. Thus, it helps patients see healthcare providers as more relatable and friendly, reducing their apprehension. It is often said that fear and anxiety about treatment or health make healing difficult. It's a great way of providing emotional comfort.

Patients may feel a sense of familiarity and comfort when they see nurses in scrubs featuring popular characters, animals, or soothing patterns. There are many patients who are undergoing long-term treatment. They often feel homesick and isolated. When nurses approach them, they feel encouraged to talk to them and get emotional comfort, which is necessary for a quick recovery.

Brings a Change in the Healing Environment:

A cheerful environment can contribute to the overall healing process by promoting a positive mind-set. The visual appeal of fun scrubs can uplift patients' spirits, which can positively influence their recovery. These scrubs are available in different designs, styles, and colour combinations. These are never too loud when it comes to colour or style, keeping in mind the environment in which they will be used.

Reflection on Caring Attitude:

Fun-printed scrubs can convey a sense of care and effort on the part of the healthcare provider to make the patient's experience more pleasant. Elderly patients often feel distressed and anxious. When nurses interact with them in different attire, it helps enhance the patient's perception of the quality of care they are receiving.

Cheerful Fun Scrubs prints and designs boost morale.

A solid colour looks neat, but bright and cheerful prints do have a positive effect on the mood of not just the wearer but everyone around them. Nurses work long hours in stressful situations. Fun-printed scrubs go a long way in changing the mood and boosting morale. These fun scrubs help uplifting moods and spirits.

These scrubs have become highly popular amongst nurses because of their ability to improve personal expression. They help in promoting the identity of the team while aligning with fashion trends. They are available in different sizes, so there will never be any scope for boredom. This initiative will certainly bring joy and inculcate a positive working environment.

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