

# MINDFUL HEALING LAUNCHES TELEHEALTH SERVICES TO PROVIDE REMOTE MENTAL HEALTH SUPPORT IN NEW JERSEY

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*Mindful Healing Introduces Convenient and Accessible Telehealth Services for Enhanced Mental Health Support in New Jersey*

NEW JERSEY, UNITED STATES, July 18, 2024 /EINPresswire.com/ -- Mindful Healing is proud to announce the launch of its new [telehealth](#) services, designed to offer remote [mental health](#) support to residents across New Jersey. This innovative service aims to make mental health care more accessible, especially for those who face challenges in visiting in-person clinics.

Mindful Healing's telehealth services will provide comprehensive psychiatric assessments, medication management, and personalized [therapy](#) sessions, all from the comfort of patients' homes. This initiative is particularly beneficial for seniors, adults, and individuals with mobility issues or those living in remote areas.

"Our telehealth services are designed to bring compassionate and comprehensive mental health care directly to our patients," said Allison Devlin, Board Certified Psychiatric Mental Health Nurse Practitioner. "By leveraging technology, we can ensure that individuals who need mental health support can access it conveniently and securely from their own homes."

The telehealth platform is user-friendly and secure, ensuring that patients receive the same level of care and confidentiality as they would in an in-person visit. Mindful Healing's team of experienced professionals is trained to use this technology effectively, making the transition to telehealth smooth for all patients.

Telehealth appointments can be scheduled quickly, reducing wait times and allowing for more flexible scheduling options. This is crucial for individuals with busy lifestyles or those who may need immediate support. The telehealth services include a range of therapeutic approaches, such as Cognitive Behavioral Therapy (CBT), Mindfulness-Based Cognitive Therapy (MBCT), and Solution Focused Brief Therapy (SFBT), ensuring that each patient's unique needs are met.

Patients can enjoy the convenience of accessing therapy sessions from home, the flexibility of scheduling appointments that fit their needs, and the comfort of receiving care in a familiar environment. Additionally, telehealth breaks down geographic barriers, allowing individuals in rural or underserved areas to connect with specialized therapists. The secure and confidential

nature of the telehealth platform ensures patient privacy and safety.

Mindful Healing also accepts Medicaid, making their services more accessible to a broader range of individuals who need mental health care. This inclusion reflects their commitment to providing equitable and inclusive care to all community members.

#### Commonly Asked Questions about Telehealth Services:

What is telehealth?

Telehealth involves using digital information and communication technologies to access health care services remotely and manage health care.

How do I schedule a telehealth appointment?

Scheduling a telehealth appointment is easy and can be done through our website or by calling our office.

Is telehealth secure?

Yes, our telehealth platform uses advanced security measures to ensure patient confidentiality and data protection.

Can I use telehealth if I have Medicaid?

Absolutely. Mindful Healing accepts Medicaid, making it easier for more individuals to receive the mental health support they need.

By launching telehealth services, Mindful Healing is not only expanding access to mental health care but also demonstrating its commitment to innovation and patient-centered care. This service aligns with the broader goals of improving mental health outcomes and increasing the accessibility of quality mental health care across New Jersey.

About Mindful Healing Mindful Healing is dedicated to providing exceptional mental health care to individuals of all ages. With a team of experienced professionals, Mindful Healing offers a range of services, including psychiatric assessments, medication management, and personalized therapy. The launch of telehealth services is a testament to their commitment to making mental health care accessible to all.

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