

Happy Sleep Launches Small Size Anti-Snoring Mouthpiece

The Happy Sleep anti-snore mouthpiece is a patent protected oral mandibular advancement device for treating snoring and regaining a peaceful night's sleep.

MELBOURNE, AUSTRALIA, August 22, 2024 /EINPresswire.com/ -- [Happy Sleep](#), an established provider of sleep solutions, is pleased to announce the introduction of its new small size anti-snoring mouthpiece. This innovative product is tailored specifically for individuals with smaller mouths, aiming to deliver effective relief from snoring and ensure a peaceful night's rest.

The new anti-snoring mouthpiece, designed and clinically tested under the guidance of Dr. Jack Gerschman, a leading expert in dental sleep medicine, offers a patent-protected oral mandibular advancement device.

This product addresses the challenges of snoring and teeth grinding with a focus on comfort and efficacy. Dr. Gerschman's extensive expertise in sleep medicine underscores the product's high standards of design and performance.

Understanding that standard-sized mouthpieces may not fit all users, Happy Sleep has developed this smaller version to better accommodate those with smaller mouths. This tailored approach ensures that a broader audience can benefit from the company's anti-snoring and teeth grinding solutions.

The [anti snoring mouthpiece for small mouths](#) from Happy Sleep is engineered with several key features:

1. **Comfortable Design:** Constructed from soft, flexible, medically-used materials, the mouthpiece cushions the teeth and gums, ensuring comfort throughout the night.
2. **Minimal Jaw Advancement:** Unlike many devices that require significant jaw advancement, this mouthpiece minimally advances the jaw, avoiding potential issues with jaw over-extension and bite alteration.
3. **Jaw Support Flap:** A flexible flap secures the jaw in place, preventing it from dropping during sleep and ensuring the device remains in position.
4. **Breathing Airway:** Designed to enhance nasal breathing, the mouthpiece helps reduce snoring

and improves overall sleep quality.

Clinical trials validate the effectiveness of the Happy Sleep anti-snoring mouthpiece, with studies indicating significant reductions in snoring for over 83% of users. Rigorous testing confirms that the mouthpiece provides both relief from snoring and sustained comfort throughout the night.

The small size anti-snoring mouthpiece is now available for purchase through Happy Sleep's official website and selected retailers. Interested individuals can also schedule a free consultation to determine if this mouthpiece is suitable for their needs.

For more information about the Happy Sleep anti-snoring mouthpiece for small mouths, please visit <https://happysleep.au/>.

About Happy Sleep:

Happy Sleep is an Australian company dedicated to delivering innovative solutions for snoring and teeth grinding. Founded by Dr. Jack Gerschman, Happy Sleep combines advanced clinical expertise with a commitment to quality and customer satisfaction. The company's products are designed to enhance sleep quality and overall well-being, helping individuals achieve a more restful and fulfilling night's sleep.

DR JACK GERSCHMAN

Happy Sleep

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