

# Dr. Sydney Ceruto Wins Lifetime Achievement Award from The World Coaching Congress

*Dr. Sydney Ceruto receives the Lifetime Achievement Award from The World Coaching Congress for pioneering neuroscience-based coaching.*

MANHATTAN, NY, USA, July 29, 2024 /EINPresswire.com/ -- [Dr. Sydney Ceruto](#) Wins [Lifetime Achievement Award](#) from The World Coaching Congress

MindLAB Neuroscience is thrilled to announce that its founder, Dr. Sydney Ceruto, has been honored with the prestigious Lifetime Achievement Award from The World Coaching Congress. This accolade recognizes Dr. Ceruto's 24 years of pioneering work in neuroscience-based coaching, which has profoundly transformed the way individuals achieve lasting personal and professional change.



A leading pioneer in Neuroscience-Based Life & Career Coaching

Dr. Ceruto's innovative approach integrates the principles of neuroplasticity, enabling clients to rewire their thoughts, habits, and behaviors effectively. Her extensive qualifications, including three master's degrees and two PhDs in behavioral and cognitive neuroscience, underpin her unparalleled expertise in the field.

"Receiving this award is a profound honor," said Dr. Ceruto. "It reflects not only my dedication to coaching but also my unwavering belief in the potential of each individual to change and achieve their goals."

Pioneering Neuroscience-Based Coaching

Dr. Ceruto founded MindLAB Neuroscience over two decades ago, introducing a unique

coaching method grounded in rigorous scientific research. This approach has proven to be the most effective way to achieve lasting positive changes in all spheres of life. By leveraging the brain's natural ability to adapt and rewire itself—a phenomenon known as neuroplasticity—Dr. Ceruto's methods help clients reshape their mental frameworks, ensuring genuine and permanent transformation.

#### Transformative Impact

Under Dr. Ceruto's leadership, MindLAB Neuroscience has successfully guided numerous high-profile clients through personal development and mental health challenges. The testimonials of these clients illustrate the profound impact of her methods on their lives. Her work has been featured on renowned platforms such as Forbes, and she has been celebrated with numerous accolades, including the CREA Award (2022).



#### A Leader in Brain-Based Coaching

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*Dr. Sydney Ceruto*

Dr. Ceruto is a distinguished member of several professional organizations and has contributed extensively to the field through her roles as a senior writer for Forbes Executive Coaching Council, executive writer for Alternatives Watch and Brainz Magazine, and a frequent speaker at the Wharton School of Business. Her dedication to individualized care ensures that every program at MindLAB Neuroscience is fully customized to address the unique challenges and goals of each client.

About MindLAB Neuroscience

MindLAB Neuroscience offers a comprehensive range of

services that cater to life, career, executive, and relationship coaching needs. Driven by a commitment to scientific rigor and personalized care, MindLAB Neuroscience leads the field with innovative, evidence-based practices that empower individuals to achieve lasting change.

For more information about Dr. Sydney Ceruto and her groundbreaking work at MindLAB

Neuroscience, visit [www.mindlabneuroscience.com](http://www.mindlabneuroscience.com).

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