

Educator and Parenting Expert Lisa Dewey Wells Relaunches Coaching Program to Combat Teacher Burnout and Parental Stress

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[/EINPresswire.com/](https://EINPresswire.com/) -- The ongoing challenges of today's world and the added responsibilities of remote learning have caused the education system to experience a crisis of teacher burnout. At the same time, parents struggle to balance their work and personal lives while supporting their children's education. In response to these pressing issues, renowned educator and parenting expert Lisa Dewey Wells has rebranded and relaunched her coaching program to provide much-needed support and guidance to both educators and parents.



Bring your best self forward as an educator or parent with personalized coaching from Lisa Dewey Wells..

As a veteran educator with over 30 years of experience, Lisa Dewey Wells has witnessed firsthand the toll that teaching can take on individuals. She understands the immense pressure and stress that educators face, especially in the current climate. Through her coaching program, she aims to provide personalized support and strategies to help teachers overcome burnout and find joy and fulfillment in their profession once again.

In addition to supporting educators, Lisa Dewey Wells recognizes the challenges parents face in this new era of education. With her expertise in parenting and child development, as well as being a parent herself, she offers coaching services to help parents navigate the complexities of raising children during a pandemic.

Lisa Dewey Wells' coaching program stands out with its unique approach that addresses the

intertwined challenges faced by both educators and parents. At its core is her groundbreaking 'Whole Circle Support' philosophy, which sets her approach apart in the field. This holistic method seamlessly blends practical strategies with personal growth, prioritizing the well-being and success of children and the adults who play crucial roles in their lives. Drawing from her extensive background in education and her certifications in wellness coaching and yoga instruction, Lisa offers a comprehensive support system. Her expertise spans from managing the complexities of virtual learning to fostering a healthy work-life balance, equipping both parents and teachers with essential tools to navigate modern challenges. By integrating mindfulness techniques, stress management strategies, and evidence-based educational practices, Lisa's program provides a unique, all-encompassing solution to the often overwhelming demands of nurturing and educating children in today's fast-paced world.

As we continue to navigate the post-pandemic landscape, Lisa's coaching services are a valuable resource for those in the education system and beyond. Her unique approach and extensive experience make her program a crucial support system for educators and parents, offering guidance and strategies to navigate the challenges of teaching and parenting in the present climate.

For more information on Lisa Dewey Wells' consulting and coaching programs, please visit her website at www.lisadeweywells.com.

Lisa Dewey Wells

Lisa Dewey Wells Consulting

lisa@lisadeweywells.com

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