

Gina Lee Mendoza Offers a Compassionate Approach to Discussing Parental Illness with Children

"A Mother's Courage Inspires a Story of Strength and Openness"

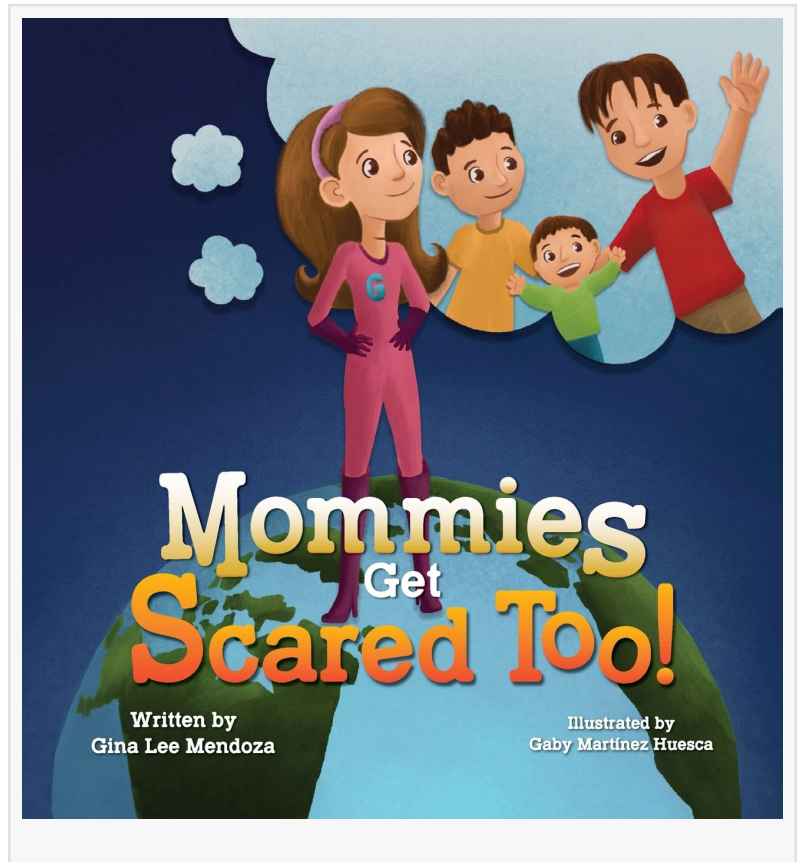
UNITED STATES, August 8, 2024

/EINPresswire.com/ -- In her emotionally resonant children's book, "[Mommies Get Scared Too](#)," Gina Lee Mendoza tackles the complex topic of parental illness with sensitivity and grace. Crafted from her own experiences battling papillary thyroid cancer, Mendoza's work emerges as a vital resource for families striving to handle difficult conversations about health challenges.

"Mommies Get Scared Too" follows the journey of a mother of three who must navigate the daunting world of illness while maintaining strength and love for her children. Written with tender prose and paired with relatable illustrations, the book serves as a gentle yet effective tool for parents. It not only facilitates difficult discussions about illness and vulnerability but also showcases the enduring strength of parental love.

Gina Lee Mendoza is a seasoned bilingual speech therapist from Pharr, Texas, with 14 years of professional experience. As a single mother and a passionate writer, her personal journey through cancer inspired her to craft a narrative that could support other families in similar situations.

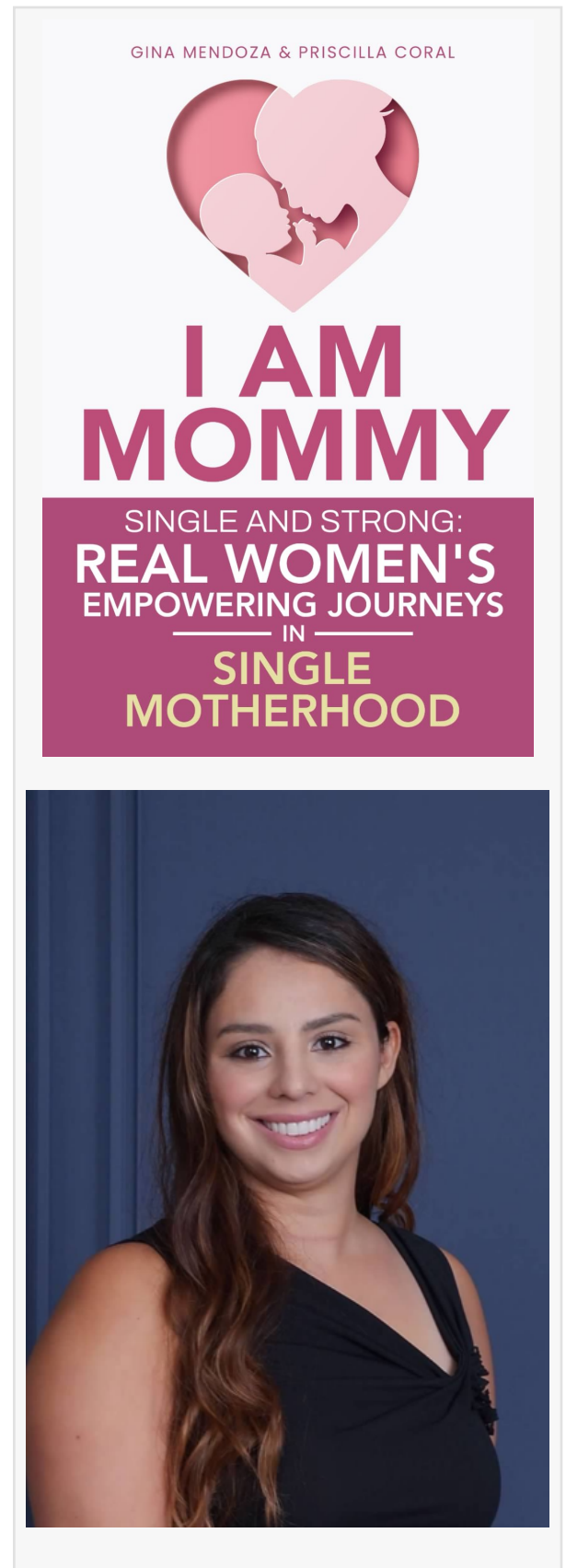
Aside from her latest work, Mendoza co-authored "[I Am Mommy](#)" with Priscilla Coral. Her books are widely available at major retailers like Amazon, Target, Barnes & Noble, and in bookstores across the globe.



Motivated by her struggles and the lack of resources for discussing serious illnesses with children, Mendoza penned "Mommies Get Scared Too." The book stands as a beacon of hope, illuminating the resilience and spirit of mothers everywhere.

This poignant book empowers parents to embrace and express their vulnerabilities with their children, fostering an atmosphere of understanding and resilience within the family. It emphasizes the importance of open communication and emotional honesty, providing families with the tools to navigate life's challenges together.

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