

Dr. Simon Ourian Reviews Breast Augmentation: What You Need to Know

Dr. Simon Ourian reviews surgical and non-surgical breast augmentation, detailing their pros and cons to help patients make informed decisions.

BEVERLY HILLS, CA, UNITED STATES, August 5, 2024 /EINPresswire.com/ -- Renowned cosmetic dermatology expert Dr. Simon Ourian has shared his expert review on breast augmentation procedures, offering valuable insights into both surgical and non-surgical techniques. As a leading authority in aesthetic medicine, Dr. Simon Ourian aims to inform those considering breast enhancement about the different options, including their benefits and potential drawbacks.

Breast augmentation continues to be one of the most popular cosmetic procedures worldwide, helping individuals enhance their body contours and boost self-confidence. Dr.

Simon Ourian's review covers the differences between traditional surgical methods and newer, non-surgical techniques, providing a clear look at the pros and cons of each.



Dr. Simon Ourian, M.D., Cosmetic Dermatology expert and founder of Epione Beverly Hills

“

Every patient's journey is unique. Making an informed decision is crucial”

Dr. Simon Ourian

Surgical Techniques

Surgical breast augmentation, involving implants or fat transfer, is a well-established method known for delivering significant volume increase and long-lasting results. Dr. Simon Ourian highlights the following points:

Pros:

- Noticeable increase in breast size and volume.
- Customizable shapes and projections with various implant types.

- Long-term results with durable implants.

Cons:

- Requires anesthesia and recovery time.
- Risks include infection, implant rupture, or capsular contracture.
- Possible future surgeries to replace or adjust implants.

"Surgical breast augmentation has been around for decades and offers a reliable way to achieve significant changes in breast size and shape," says Dr. Simon Ourian. "However, it's important for patients to be aware of the potential risks and the need for a recovery period." Celebrities like Kaley Cuoco and Iggy Azalea have openly shared their positive experiences with surgical breast augmentation, highlighting the boost in self-confidence and body image they have enjoyed as a result.

Non-Surgical Techniques

Non-surgical breast enhancement methods are becoming more popular for those looking for less invasive options. These methods typically use injectable fillers or advanced technologies to improve breast appearance without surgery. Dr. Simon Ourian outlines the following points:

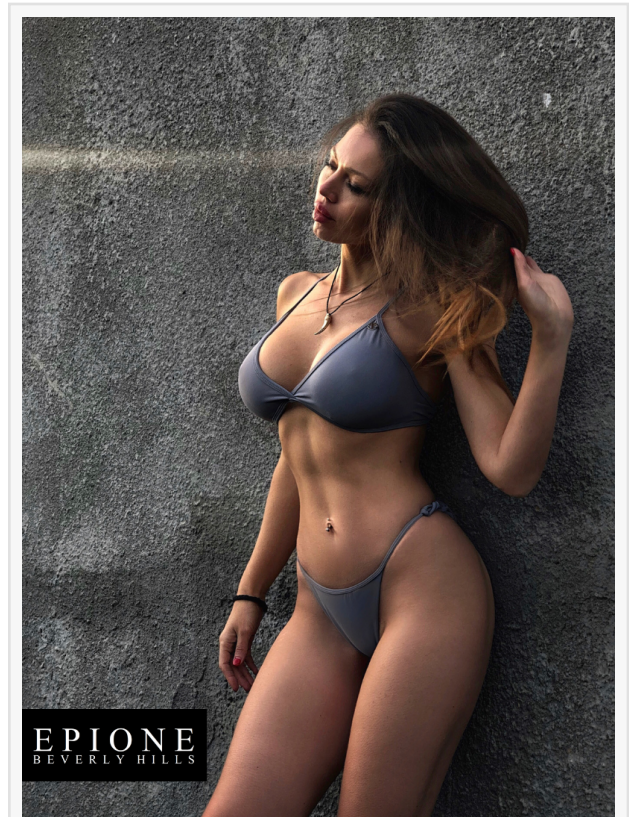
Pros:

- Minimally invasive with little to no downtime.
- Lower risk of complications compared to surgery.
- Ideal for subtle enhancements.

Cons:

- Limited capacity for significant size increase.
- Temporary results that require maintenance.
- Not suitable for dramatic changes in breast size.

"Non-surgical options are perfect for individuals seeking minor enhancements without the downtime associated with surgery," explains Dr. Simon Ourian. "However, those looking for a more dramatic transformation might find these methods less satisfactory." For instance, Chrissy Teigen has discussed her experience with non-surgical breast enhancement, emphasizing the convenience and minimal recovery time.



Discover your best self with Epione Beverly Hills, where confidence meets beauty.

Dr. Simon Ourian stresses the importance of consulting with a qualified medical professional to determine the best approach based on individual goals and medical history. "Every patient's journey is unique," he says. "It's essential to consider the benefits and limitations of each option and make an informed decision that aligns with your aesthetic goals."

For more information on breast augmentation options or to schedule a consultation with Dr. Simon Ourian, please visit [Epione.com](https://www.epione.com).

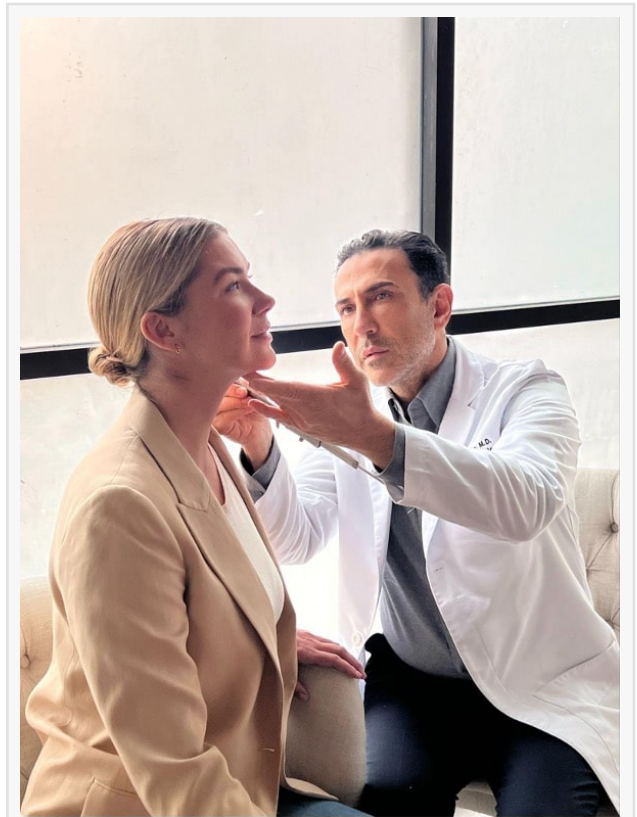
About Dr. Simon Ourian

Dr. Simon Ourian is a world-renowned cosmetic dermatologist specializing in non-invasive aesthetic procedures. Committed to innovation and patient satisfaction, Dr. Simon Ourian has earned a reputation as a leading expert in cosmetic dermatology, helping individuals achieve their desired aesthetic outcomes safely and effectively. His celebrity clientele includes well-known figures such as the Kardashians, and Lady Gaga, who trust his expertise and artistry in enhancing their natural beauty.

Simon Ourian

Epione Medical Corporation

[email us here](#)



Dr. Simon Ourian performs a cosmetic treatment on a patient at Epione Beverly Hills, showcasing his expertise in non-surgical aesthetic procedures.

This press release can be viewed online at: <https://www.einpresswire.com/article/732382554>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2024 Newsmatics Inc. All Right Reserved.