

# Enara Health Empowers Independent Clinics with Digital Transformation to Combat Obesity

SAN MATEO, CALIFORNIA, UNITED STATES, August 4, 2024

[/Einpresswire.com/](https://www.einpresswire.com/) -- Enara Health, a leading provider of personalized obesity care, is proud to announce its latest initiative aimed at transforming healthcare operations for sustainable growth. This groundbreaking approach leverages digital technology to empower independent clinics, optimize operations, and provide

comprehensive, personalized obesity care. Enara Health's CEO, Dr. Rami Bailony, will present this innovative strategy in an oral abstract presentation at the National Medical Association's 2024 Annual Convention & Scientific Assembly on August 3, 2024, at 10:10 am. The presentation will take place at the Sheraton Hotel: Sutton Place Room, Concourse Level. Additionally, Enara Health will have a poster presentation on Sunday, August 4th, starting at 9:00 am, located on the second level of the New York Sheraton Times Square Hotel in the Metropolitan Ballroom East.

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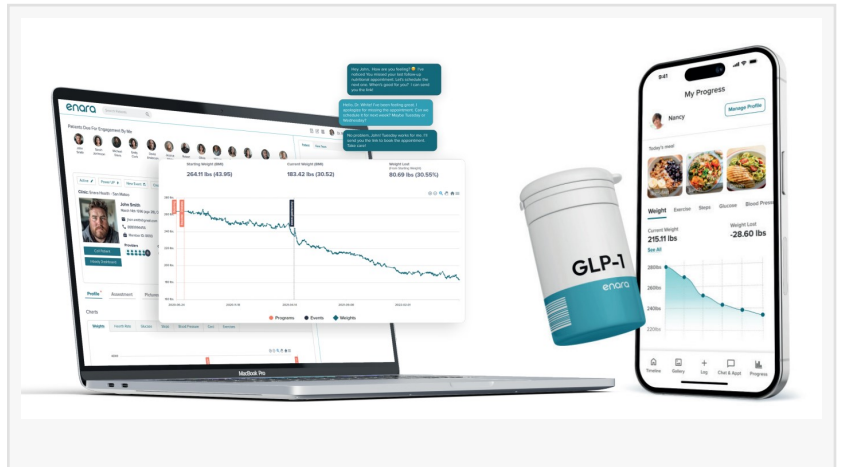
By supporting independent clinics, we can address the obesity crisis, particularly in underserved communities, with innovative, data-driven solutions.”

*Rami Bailony*

The obesity epidemic is one of the most pressing public health crises, affecting over 110 million American adults and contributing to chronic diseases such as heart disease, diabetes, and stroke. Minority communities, particularly African American and Hispanic populations, are disproportionately impacted by obesity, facing higher rates

and greater barriers to effective care. Enara Health is committed to addressing these disparities through innovative, data-driven solutions.

Enara Health's platform supports small to medium independent clinics by enabling them to offer top-tier obesity care without the financial burden of program and administrative costs. By allowing healthcare professionals to support multiple clinics simultaneously, Enara creates a



network of highly skilled experts who can extend their reach and ensure that more patients receive the care they need.

One of the key features of Enara Health's platform is its use of AI to analyze service coverage and billing. This capability allows clinics to optimize their operations, increase financial stability, and focus on delivering high-quality patient care. By leveraging a larger, combined dataset across the network, clinics can make informed decisions that drive better outcomes.

Enara Health's platform enables the deployment of personalized, community-specific education pathways. By using data to tailor interventions, the platform ensures that care is effective and culturally relevant, addressing the unique needs of each patient population. This approach is particularly crucial for managing chronic conditions like obesity in underserved and minority communities.

As the healthcare landscape continues to evolve, Enara Health is dedicated to supporting and strengthening independent medical groups. By providing the resources and technology needed to thrive, Enara ensures that these clinics can remain at the forefront of patient care without sacrificing their autonomy. This commitment is reflected in Enara's efforts to negotiate better insurance rates and secure value-based deals, ensuring financial viability for independent practices.

#### About Enara Health

Enara Health is a technology-powered clinical weight loss program focused on sustainable results. By combining mobile technology with personalized medical care, Enara Health helps patients achieve significant, long-term weight loss. The platform integrates physician consultations, lifestyle evaluations, diet recommendations, and medication management to provide a comprehensive, holistic approach to obesity treatment.

For more information about Enara Health and its transformative approach to healthcare, please visit [www.enarahealth.com](http://www.enarahealth.com).

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