

Community Pain Clinics Optimize Workers' Health and Career Productivity; Olumuyiwa Bamgbade, Salem Pain Clinic BC Canada

Pain Clinics Optimize Workers' Health, Productivity, Career Longevity, And Societal Sustainability; Dr. Olumuyiwa Bamgbade, Salem Pain Clinic BC Canada

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/EINPresswire.com/ -- Chronic musculoskeletal pain constitutes a national and global burden. It affects 20% of working adults in most societies. Chronic pain reduces job satisfaction, quality of life, societal productivity, and economic sustainability. It increases healthcare costs, disease burden, disenfranchisement, and inequalities. These multifaceted socio-medical complications of chronic pain can be mitigated by multimodal pain therapy provided by specialist pain clinics like the [Salem Pain Clinic in British Columbia](#), Canada.

The Salem Pain Clinic has provided effective pain treatments for different categories of working professionals in Canada. This was highlighted in a prospective observational study by [Dr. Olumuyiwa Bamgbade](#), the Salem Pain Clinic, and a multinational research team. The [peer-reviewed article on Pain Management and Sociology Implications](#) was published in the Anesthesiology And Pain Medicine journal in May 2024. In the study of 1,102 chronic pain patients, the occupational distribution comprised police officers (1.3%), nurse/doctor professionals (3%), office workers (13.7%), unskilled workers (16.7%), skilled workers (17.8%), retired individuals (22.2%), and unemployed individuals (25.3%).

The clinical study confirmed that more than half of chronic pain patients were working professionals. Therefore, these affected professionals deserve appropriate and adequate pain management. The treatment must include multimodal pain management and long-term multidisciplinary rehabilitation therapy. Employers and society must make concerted efforts to support these productive citizens. Additionally, more measures should be implemented to



Olumuyiwa Bamgbade

prevent chronic pain or diseases. Workers with chronic pain or diseases should have reliable access to medical and psychosocial healthcare. Indeed, supporting the health of working professionals will enhance societal productivity and economic sustainability.

Dr Bamgbade is an anesthesiologist and pain physician trained in Nigeria, Britain, the USA, and South Korea. He is an adjunct professor at institutions in Africa, Europe, and North America. He has collaborated with researchers in Nigeria, Australia, Rwanda, the USA,

Kenya, Jamaica, Tanzania, Namibia, Britain, Zambia, Iran, Botswana, China, South Africa, Ethiopia, and Canada. He has published 44 scientific papers in PubMed-indexed journals. He is the director of Salem Pain Clinic, a specialist and research clinic in Surrey, BC, Canada. Dr Bamgbade and Salem Pain Clinic specialize in researching and managing pain, injury rehabilitation,

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Workers with chronic pain or diseases deserve reliable medical and psychosocial healthcare to enhance their quality of life, societal productivity, and economic sustainability.”

Dr. Olumuyiwa Bamgbade

neuropathy, insomnia, public safety, substance misuse, public health, medicolegal science, and perioperative care.

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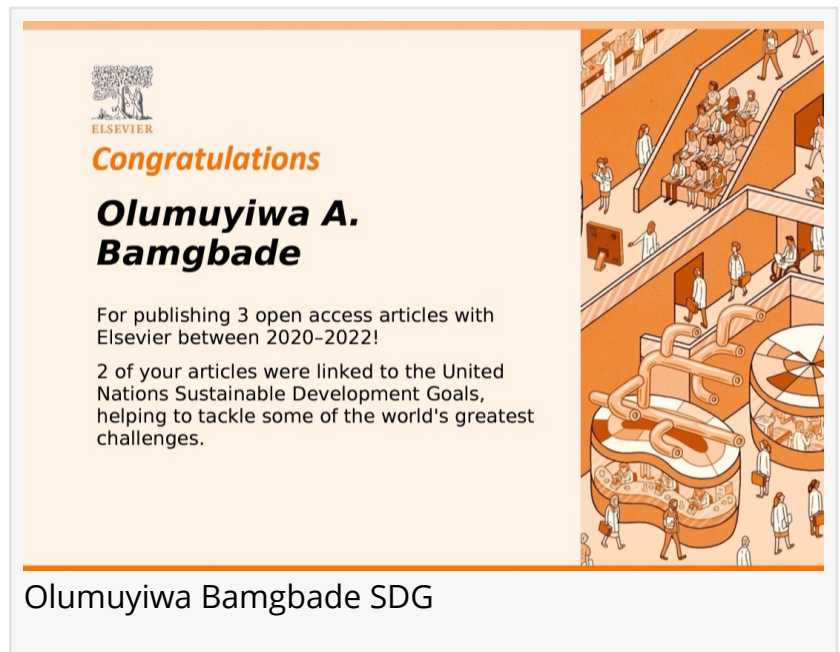
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Olumuyiwa Bamgbade
Salem Anaesthesia Pain Clinic
+1 778-628-6600

salem.painclinic@gmail.com

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