

# CEO Lee Schuppenhauer Unveils Groundbreaking Fitness Reality Show in Houston to Celebrate National Wellness Month

*Join us for a champagne toast and meet the stars of the hottest new fitness reality show in Houston!*

HOUSTON, TEXAS, UNITED STATES, August 14, 2024 /EINPresswire.com/ -- In a significant stride towards enhancing the wellness landscape, Lee Schuppenhauer, CEO of [Fan Club Health and Fitness](#), is thrilled to announce the launch of a revolutionary fitness reality TV show in celebration of National Wellness Month. This exciting event will take place on Saturday, August 17, 2024, from 5:00 PM to 8:00 PM at 2118 Lamar St., Houston, TX.

The launch party, hosted by the energetic MC Zoomania, promises to be an unforgettable evening. Guests will be treated to a champagne toast as

they mingle with the stars of Houston's hottest new fitness reality show. The show, which features seven captivating episodes, offers an exclusive insider look at the vibrant fitness culture in River Oaks, spotlighting the unique stories, workouts, and lifestyles of local influencers.

"This National Wellness Month, we are thrilled to introduce our new company Fan Club Health and Fitness in partnership with Bolt Fitness Supply," said CEO Lee Schuppenhauer. "Our goal is to provide an elevated fitness experience that caters to the diverse needs of our community. This initiative not only enhances our facility but also aligns with our mission to promote holistic well-being."



Fan Club Health and Fitness

The event is sponsored by Chapman and Kirby and Bolt Fitness Supply, in collaboration with Hey Trainr, Berry Dynamic Agency, and Members Only. This launch marks the beginning of a new era for Fan Club Health and Fitness, as the facility undergoes a significant upgrade in partnership with Bolt Fitness Supply. The 30,000-square-foot space at 4665 Southwest Freeway, Houston, is equipped with state-of-the-art commercial fitness equipment, further solidifying Fan Club Health and Fitness as a premier wellness destination.

Attendees of the launch party will not only meet the cast but also have the unique opportunity to be featured in the final episode of the season, capturing the essence of Houston's fitness community. This event is an unmissable occasion for anyone passionate about health, fitness, and wellness.

For more information about the new company launch and to secure your spot at this exclusive event, visit [www.fanclubhealthandfitness.com](http://www.fanclubhealthandfitness.com).

About Fan Club Health and Fitness:

Fan Club Health and Fitness is Houston's leading wellness facility, offering a wide range of fitness and health services designed to meet the diverse needs of its members. With a strong focus on community, innovation, and excellence, Fan Club Health and Fitness is dedicated to inspiring and supporting individuals in their journey towards a healthier lifestyle.

Instagram: @fanclubhealthandfitness

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