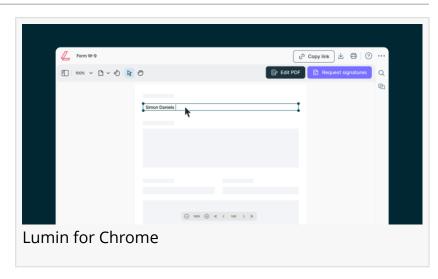


Combatting Technostress with Lumin's Highly-Engaged Chrome Extension

One in four people suffer from technostress. Can tech solve this problem itself?

CHRISTCHURCH, NEW ZEALAND,
August 16, 2024 /EINPresswire.com/ -Technological advances have seen
exponential growth over the past few
decades, and so have our open tabs.
One in four people online find browser
clutter stressful; the end result is
technostress. It's linked to fatigue,



anxiety, sleeping problems, burnout and increased turnover intention.

Can technology solve its own problem?



It's our highest-engaged product"

Max Ferguson

There's no official cure for technostress, but we know browser tabs are making things worse. One <u>Google Chrome extension</u> is trying to help: Lumin. Extensions act as add-ons that run in the background - Lumin's is unnoticeable until you need it, and then it summons itself.

The new Google Chrome extension is designed to enhance the way users interact with PDFs. No more downloads or uploads; you can now click on any PDF while surfing the web and it will open in Lumin's easy-to-use reader.

Lumin founder and CEO Max Ferguson said the company has plenty of customers who need help cutting out the digital middlemen – downloading and uploading – from their PDF processes. "We have a lot of customers who open forms and documents from web pages," said Ferguson. "We want to make people's lives easier."

The <u>Lumin Chrome extension</u> is the company's highest-engaged product. "It's probably the one people open the most documents into – the mobile app tends to be pretty popular too, but I'd

say the Chrome extension is higher-engaged," said Ferguson.

Users can:

- Read PDFs
- Use dark mode
- Take shortcuts to merge, eSign or edit PDFs

And that's just on the first release; the Lumin PDF reader extension has some exciting new features coming soon, including Al-powered document summarization and annotation tools.

This takes the digital clutter out of PDF management, leaving users with a clean browser and a clean mind.

It's easy to get started with the Lumin Chrome extension:

- 1. Download the extension from the <u>Chrome web store</u>.
- 2. Drag and drop any PDF into your browser to read it instantly (for free!).
- 3. Use the extension's handy shortcuts to take your PDF straight to the tool you need.

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