

# Jennibelle Williams of Midlife Merriment to be Featured on Close Up Radio

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Are you a woman navigating the complexities of midlife? Feeling invisible, lost, or overwhelmed by the changes in your life? Whether it's the challenges of menopause, empty nest syndrome, caring for aging parents, career burnout, or the aftermath of a painful divorce—you're not alone. Midlife often brings a unique set of challenges that can feel isolating and discouraging. In fact, studies show that 1 in 4 women experience significant stress and anxiety during this period of life, yet many feel unsupported.

However, feeling stuck is not a sign of defeat—it's a powerful signal that positive transformation is on the horizon. The key is knowing how to embrace this change with confidence, clarity, and courage. That's where expert guidance can make all the difference.



Jennibelle Williams, the compassionate Founder of Midlife Merriment and an exceptional Life Coach, has empowered hundreds of women to transform their midlife challenges into opportunities for growth. Through her unique coaching approach, Jennibelle listens deeply, supports unconditionally, and equips women with tools to cultivate a healthier mindset. Her mission? To help women see midlife as a time of reinvention—where they can rediscover their purpose, redefine their goals, and reclaim their power.

Inspired by her own journey through major life transitions and retirement from a successful career, Jennibelle knows firsthand the struggles women face in their 40s, 50s, and beyond. Her coaching program is designed to guide women through these pivotal years with empathy and actionable strategies, addressing everything from financial uncertainties to relationship

challenges. With Jennibelle's support, midlife becomes a time to thrive rather than simply survive.

At the heart of her work lies a profound belief: midlife is not a crisis but a unique opportunity to reinvent yourself. Jennibelle encourages women to ask thought-provoking questions, challenge self-limiting beliefs, and embrace the possibilities that align with their true values. Her approach is rooted in evidence-based techniques that empower women to shift from self-doubt to self-love, helping them emerge as confident, fulfilled, and inspired individuals.

Jennibelle's coaching is about more than just setting goals—it's about guiding women toward a life that feels authentic and aligned with their desires. In a supportive and non-judgmental space, she offers personalized sessions that make the journey of self-discovery simple, joyful, and transformative.

As Jennibelle beautifully puts it, "Midlife is a chapter where you get to decide how you want to live and who you want to be. It's about embracing your worth, rediscovering joy, and realizing that the challenges you face only make you stronger."

For women ready to redefine their midlife experience and embrace the next chapter with courage and optimism, Jennibelle is here to walk beside them every step of the way. Together, you'll discover that this stage of life is not an ending—it's a new beginning filled with hope, empowerment, and endless possibilities.





Close Up Radio will feature Jennibelle Williams in a two-part interview with Jim Masters on Wednesday August 28th at 1pm Eastern, and with Doug Llewelyn on Wednesday September 4th at 1pm Eastern

Listen to the show on [BlogTalkRadio](#)

If you have any questions for our guest, please call (347) 996-3389

For more information, visit [www.midlifemerriment.com](http://www.midlifemerriment.com)

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