

Black Veg Society partners with UnitedHealthcare on event that gives tools to 'A Better You'

UnitedHealthcare has partnered with leading chefs and nutritionists to create a free, thought-provoking event that gives tools for "A Better You".

BALTIMORE, MARYLAND, UNITED STATES, August 27, 2024
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[UnitedHealthcare](#) has partnered with leading chefs and nutritionists to create a free, thought-provoking event that gives tools to fuel one's journey... to "A Better You". This event includes an educational Medicare seminar.

Event: [The Healing Power of Cultural Food](#)

Date: Saturday, September 7, 2024

Location: Reginald F. Lewis Museum, 830 East Pratt Street, Baltimore, MD 21202

Morning Program: 9:00 a.m.

Afternoon Program: 12:30 p.m.

Visit abetteryou.info to reserve your seat now.

- Get your Medicare questions answered
- Learn about foods high in fiber, which can help regulate blood sugar levels
- Experience the flavors of health

Featured guests:

Chef Gregory Brown from the multi-award-winning Land of Kush, VeganSoul Bistro, Angela Ginn-Meadow, Registered Dietitian, Rita Tolbert, UnitedHealthcare

Partners:

The Healing Power of Cultural Food

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Featuring:



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Reginald F. Lewis Museum
830 East Pratt Street
Baltimore, MD 21202

Partners:

Black Veg Society
Greater Baltimore
Urban League
Yohnnie Shambourger
& Ernestine Shepherd



Scan here or visit abetteryou.info to reserve your seat now.



"A Better You" event

[Black Veg Society](#)

Greater Baltimore Urban League

Yohnnie Shambourger

Ernestine Shepherd

Naijha Wright-Brown

Black Veg Society

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Black Veg Society

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