

2024 Latinx Mental Health Conference on 09-25 in Los Angeles Promotes MH Awareness

Empowering the people who serve Latinx communities, the 2024 Latinx Mental Health Conference takes place at The California Endowment in downtown Los Angeles.

LOS ANGELES, CA, USA, August 27, 2024 /EINPresswire.com/ -- The [2024 Latinx Mental Health Conference](#) addresses a critical issue in contemporary California while opening the door to professional growth. This year's theme, "The Road of My Life (El Camino de mi Vida)," reflects the changing course of Latinx mental health (MH) offerings and services.



“

This dynamic conference energizes the MH professional community while raising crucial issues. I am confident that the 2024 Latinx Mental Health Conference will continue this tradition.”

Mahbubur Rahman

Still available for online registration at [Eventbrite](#), the conference supports providing culturally attuned care. Such support happens through an ongoing dedication to mental health awareness and inclusivity. In addition, the conference depends on the intellectual and practical contributions of the attendees to ensure a more bottomless well of success.

Hosted by the Latinx Mental Health Conference Committee, [Tarzana Treatment Centers](#) (TTC) enthusiastically handles the overall event management from beginning to end. Led by Mahbubur Rahman, a

Senior Supervisor at Tarzana Treatment Centers, the TTC Training Team makes the precise execution of the conference a top priority. With the all-day conference on Wednesday, September 25, 2024, this event is much anticipated in the MH professional community and beyond.

Mahbubur Rahman explains, "Since 2017, it has been my honor to serve on the Latinx Mental

Health Conference Committee. This dynamic conference energizes the MH professional community while raising crucial issues. I am confident that the 2024 Latinx Mental Health Conference will continue this tradition."

Featuring a dynamic lineup of speakers, the conference offers 5 hours of Continuing Education Credits for BBS CAMFT, BRN, CCAPP, CADE, CHES, CADTP, CalMHSA, and NBCC. As in past years, the conference will offer Interactive discussions to access the attendees' knowledge and take advantage of their skill base.

Latinx MH providers expand the reach of these critical services by delivering culturally attuned care. At The California Endowment (1000 Alameda St, Los Angeles, CA 90012), the location connects perfectly with the conference's goals. The mission statement on the nonprofit's website illustrates that "Whether you just stepped foot in California or you were born and raised here, we want your communities, and the local and statewide policies—or 'rules' —that affect your life to work for everyone."

The Conference will feature Latinx-specific presentations in the following categories:

- A. Clinical Practice
- B. Research Advocacy
- C. Public Policy
- D. Program Design

Presentations from the 2023 Latinx MH Conferences included:



2023 LatinX Mental Health Conference

LATINX
Mental Health Conference
El Camino de mi Vida / The Road of My Life

**REGISTER BY 8/15 FOR
AN EARLY BIRD DISCOUNT**

**INSIGHTFUL
DISCUSSIONS**
WORKSHOPS
**NETWORKING
OPPORTUNITIES**

**WEDNESDAY
SEP 25TH**
8:30 AM @

The California Endowment

REGISTER TODAY!
tinyurl.com/bwjazhfd

- 1) The Joy of Being Your Authentic Self and Embracing Your Culture
- 2) Changing the Narrative-Supporting Latina Mothers
- 3) From Wounds to Resilience: EMDR and Inner Child Healing for First-Generation Latinx
- 4) Utilizing Intersectionality in the Latinx LGBTQIA+ Community
- 5) Y Tu Papa Tambien: Understanding and Addressing the Needs of Latino Fathers

As readily apparent from the above topics, the investigations and themes of these conferences are cutting-edge and diverse. In order to access such professional opportunities, online registration through Eventbrite is required for the 2024 Latinx Mental Health Conference. Indeed, in 2023, the Conference was at capacity, with many attendees describing it as the most in-depth and intellectually tailored event of the year.

Beyond continuing education credits, attendees will enjoy complimentary breakfast, lunch, and afternoon snacks. Moreover, free parking will be available on-site. Under the careful management of Tarzana Treatment Centers, this year's conference should continue this Los Angeles educational event's history of excellence. Indeed, such an event provides an opportunity to combine culturally attuned care with professional networking and growth.

Given the critical role of diversity and intersectionality in today's cultural landscape, the 2024 Latinx Mental Health Conference is a significant opportunity. From the beginning to the end of this valuable day of professional support, attendees will access quality resources. In addition, the networking opportunities are unparalleled.

Thus, the conference will be dedicated to developing a platform for idea exchange, knowledge sharing, and content creation. The goal is to empower those serving the Latinx population. In today's divided and contentious world, raising such awareness about diversity and promoting inclusivity is no longer a choice but a necessity.

If you want to know more and potentially join the conference planning committee, please e-mail latinxmh@gmail.com for additional information.

Diego Guzman
Tarzana Treatment Centers
888-777-8565

[email us here](#)

Visit us on social media:

[Facebook](#)

X

LinkedIn

Instagram

YouTube

TikTok

This press release can be viewed online at: <https://www.einpresswire.com/article/738693785>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2024 Newsmatics Inc. All Right Reserved.