

Experience Culinary Ingenuity with "The Curated Board: Inspired Platters & Spreads for Any Occasion" by Bebe Black Carminito

Delight in artful arrangements of flavors and textures that redefine how we enjoy food, perfect for any occasion.

RICHMOND, CA, UNITED STATES, September 3, 2024 /EINPresswire.com/ -- [Bebe Black Carminito](#) invites food enthusiasts and aesthetes alike with the release of her cookbook, [The Curated Board](#) (Abrams, September 3, 2024).

This stunningly beautiful book explores the art of assembling visually appealing and delectable boards, showcasing Carminito's unique blend of culinary expertise and artistic flair. Also included are 7 menus by culinary creatives with whom Carminito collaborated.

Inspired by her background in food styling, makeup artistry, performing arts, and a passion for gastronomy, Carminito transforms ordinary ingredients into extraordinary culinary creations. The Curated Board is more than just a cookbook; it is a testament to Carminito's creative vision and her ability to elevate everyday meals into works of art.

"I've always believed that food should not only be tantalizing, but also visually captivating, we eat with our eyes first," says Carminito. "With The Curated Board, I aim to inspire readers to approach meal preparation as a form of artistic curated expression, where colors, textures, and flavors come together in harmonious arrangements."

The book features a variety of boards tailored for different occasions, from casual gatherings to weekend brunch to elegant soirées and tea parties. Each board is meticulously designed, offering tips for putting together inspired boards, platters, and spreads for 4 to 6 people.



"The Curated Board" by Bebe Black Carminito

There are also recipes for refreshing cocktails as well as wine and beverage pairings to coincide accordingly. She invites her readers to also dive into their creativity to make it individually a work of art that delights both the palate and the eye.

In addition to the creative boards, Carminito shares tips on ingredient selection, food styling, board compositions, and presentation techniques. Whether you're planning a brunch with friends or a romantic dinner for two, The Curated Board provides the tools needed to create memorable dining experiences. Each menu includes recipes and all of the accompaniments you'll need from fridged foraged items to pantry-pulled staples to assemble curated boards. Also, as Ina Garten says, "store-bought is fine."

Some of the Menus and Recipes featured include:

Pescatarian Bagel Brunch

-Everything Bagel Seasoned Hummus

-Everything Challah Bagels

-Everything Bagel Seasoning

-Quick-Pickled Shallots

“

This is a must for anyone who loves to cook, entertain, and have fun in the kitchen.”

JOANNE WEIR, James Beard Award-winning cookbook author and food writer

Girl's Day Charcuter-YAY

-Parmesan Frico

-Cashew-Rosemary Maple Brittle

An English Tea Party

-Curried-Chicken Tea Sandwiches

-Currant cardamom Scones

-Cheeses, Cherries and Chocolates

-Provençal Fromage Fort

-Dark Cherry Mostarda

"These recipes are designed to evoke a sense of conviviality and enjoyment in the kitchen," Carminito explains. "Each board offers moreish flavors, punchy colorful recipes and artfully impressive grazing menus that will delight any guest."

The Curated Board is available online ([Amazon](#), B&N, Bookshop.org) and at select retailers



Bebe Black Carminito

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