

Health And Wellness Market Size to Surpass USD 5446.44 billion by 2030, exhibiting a 5.8% CAGR by 2030

Exactitude Consultancy
Exactitude Consultancy - *Abbott Laboratories, Amway Corporation, Anytime Fitness LLC*

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"The Health and Wellness market is witnessing strong demand due to rising consumer focus on preventive health, fitness, and mental well-being."

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recently released a research report titled global [Health And Wellness](#) Market insight, forecast to 2030 People's concerns about their health and wellness have grown in importance in recent years, especially those in their middle age and younger generations. Growing consumer expenditure on various health and wellness goods and services is the main factor driving the worldwide health and wellness market share. The expansion of the health and wellness industry can be attributed mostly to the increasing prevalence of mental and physical ailments including sadness and anxiety.

Exactitude Consultancy is a leading market research and consulting firm, providing strategic insights and data-driven solutions for businesses across various industries. Our expertise spans from market analysis to competitive intelligence, helping clients make informed decisions and drive growth.

For more information, visit our website at [exactitudeconsultancy.com](#) or contact us at info@exactitudeconsultancy.com. Our research is based on a comprehensive analysis of market trends and consumer behavior, providing a clear picture of the future of the health and wellness industry.

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<https://exactitudeconsultancy.com/reports/37415/health-and-wellness-market/#request-a-sample>

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Barrett Retail Limited, Lift Brands, L'Oréal S.A., Nestlé SA, Procter & Gamble, SOUKYA International Holistic Health Centre, The Bountiful company, Unilever Plc, Vitabiotics Ltd, Apis India Limited.

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In June 2021- Unilever agreed to acquire Paula's Choice, a leading digital-led skincare brand, from TA Associates. Paula's Choice is a pioneer in direct-to-consumer (DTC) ecommerce and products backed by science.

April 2024: Apis India Limited, renowned for its commitment to ethical brand practices and responsible sourcing, launched organic honey that aligns with the rising demand for natural and sustainable choices.



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Chronic illnesses usually start around the middle of a person's thirties, following a protracted period of acclimatization to bad habits including smoking, insufficient exercise, busy schedules, and consumption of diets heavy in salt, artificial sweeteners, and oversaturated fats, commonly known as "junk foods."

A few of the unfavorable effects of this lifestyle are diabetes, hypertension, obesity, and hyperlipidemia. In health treatments intended to treat acute disorders, risk factors are often misinterpreted or mistreated.

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The market for health and wellness is expanding quickly due to consumer demand for environmentally friendly organic food products as well as sustainable health and wellness goods

and services. To fulfil demand, current producers are also growing their technological alliances, developing new products, and making acquisitions. In the near future, it is anticipated to propel market expansion as well.

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Transparency in costs is another disadvantage. Every company searches for methods to increase operating expenses. Lowering pharmaceutical costs and implementing healthcare reform in compliance with the intricate and constantly changing web of international, national, and sector-specific regulations and legislation are two more market issues that vendors in the global health and wellness market must contend with.

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<https://exactitudeconsultancy.com/reports/37415/health-and-wellness-market/>

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Personal Care & Beauty & Anti-Aging

Nutrition & Weight Loss

Physical Activity

Wellness Tourism

Preventive & Personalized Medicine

Others

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Nutrition & Weight Management

Heart & Gut Health

Immunity

Bone Health

Skin Health

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North America Dominates the Global Health And Wellness Market During the Forecast Period.

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With a revenue share of 39.5%, North America led the worldwide health and wellness market in terms of revenue, and this trend is expected to continue over the course of the forecast period. North American consumers are wealthier, more health-conscious, more inclined to purchase healthy items, and more knowledgeable about wellness and health-related goods. Furthermore, the presence of multiple key industry players and their diverse growth strategies has contributed to the enormous expansion of the North American health and wellness market.

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Asia-Pacific is considered the most opportunistic market over the predicted period. Due to its growing urbanization, sizable population, pro-FDI government policies, quick industrialization, and significant growth potential across a range of health and wellness sectors, the Asia-Pacific region has emerged as the most attractive market. The actual size of the health and wellness industry is expanding mainly because of the growth of major economies such as China, Japan, South Korea, and India.

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Interventional Oncology Market-<https://exactitudeconsultancy.com/reports/6255/interventional-oncology-market/>

The global interventional oncology market is expected to grow at 6.7% CAGR from 2022 to 2029. It is expected to reach above USD 3.35 billion by 2029 from USD 1.9 billion in 2020.

Medical Gases and Equipment Market-

<https://exactitudeconsultancy.com/reports/23605/medical-gases-and-equipment-market/>

Medical gases & equipment market is expected to grow at 6.3% CAGR from 2022 to 2029. It was valued 17.12 billion at 2020. It is expected to reach above USD 29.67 billion by 2029.

Antinuclear Antibody Test Market –

<https://exactitudeconsultancy.com/reports/29059/antinuclear-antibody-test-market/>

The antinuclear antibody test market is expected to grow at 14.5% CAGR from 2022 to 2029. It is

expected to reach above USD 3.69 billion by 2029 from USD 1.09 billion in 2020.

Organ Preservation Market - <https://exactitudeconsultancy.com/reports/10117/organ-preservation-market/>

The global Organ Preservation market size is USD 216.57 million in 2020 and is expected to grow till USD 390.17 million by 2029, at a Compounded annual growth rate (CAGR) of 6.90%.

Hospital EMR Systems Market - <https://exactitudeconsultancy.com/reports/16622/hospital-emr-systems-market/>

The global hospital EMR systems market is expected to grow at 9.3% CAGR from 2022 to 2029. It is expected to reach above USD 29.13 billion by 2029 from USD 15.63 billion in 2022.

Extracorporeal Membrane Oxygenation Machine Market - <https://exactitudeconsultancy.com/reports/6270/extracorporeal-membrane-oxygenation-machine-market/>

The global extracorporeal membrane oxygenation machine market is expected to grow at a 2.41% CAGR from 2020 to 2029. It is expected to reach above USD 689 million by 2029 from USD 556 million in 2020.

Ophthalmic Equipment Market - <https://exactitudeconsultancy.com/reports/6441/ophthalmic-equipment-market/>

The global Ophthalmic Equipment Market size is USD 52.80 billion in 2020 and is expected to grow to USD 75.14 billion by 2029, at a Compounded annual growth rate (CAGR) of 4.20%.

ECG Cables and Lead Wires Market - <https://exactitudeconsultancy.com/reports/7914/ecg-cables-and-lead-wires-market/>

The global ECG cables and lead wires market size is USD 1.96 Billion in 2020 and is expected to grow to USD 3.84 Billion by 2029, at a Compounded annual growth rate (CAGR) of 7.90%.

Cancer Biomarkers Market- <https://exactitudeconsultancy.com/reports/10897/cancer-biomarkers-market/>

Cancer biomarkers market size was valued at USD 11.38 billion in 2020 and is projected to reach USD 48.58 billion by 2029, growing at a CAGR of 17.5% from 2022 to 2029.

Patient Lateral Transfer Devices Market - <https://exactitudeconsultancy.com/reports/10323/patient-lateral-transfer-devices-market/>

The global patient lateral transfer market is expected to grow at 9% CAGR from 2022 to 2029. It is

expected to reach above USD 0.61 billion by 2029 from USD 0.28 billion in 2020.

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