

# Lisa Dorn Teaches Women the Importance of Self-Worth in Unstoppable! Volume 4 - The Powerhouse Edition

*Life & Wellness Coach Shares Her Transformative Journey in International Best-Selling Anthology*

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/EINPresswire.com/ -- The Queenie Effect Publishing proudly features Life & Wellness Coach Lisa Dorn in [Unstoppable! Volume 4](#) - The Powerhouse Edition. This latest installment of the Unstoppable! series, which celebrates the inspiring stories of women overcoming significant life challenges, has achieved outstanding success, reaching the number one spot in 25 categories across three countries, affirming its status as an international bestseller.

Unstoppable! Volume 4 builds on the success of previous editions of the series bringing together the real experiences and wisdom of 25 women from around the world, each sharing their journey of courage, and personal growth. The message of how adversity can be shifted into opportunity has been shown to transform lives for the better.

Lisa Dorn's story is a compelling addition to this anthology. As a Life & Wellness Coach, Lisa is dedicated to empowering women to embrace their inner strength and navigate life's challenges with resilience and grace. Her chapter in Unstoppable! Volume 4 reflects her commitment to sharing her own journey of overcoming adversity, and inspiring others to do the same.

"Becoming an author of Unstoppable was a profoundly personal journey for me," Lisa shared. "Life has thrown its fair share of challenges my way—financial struggles, the loss of a younger sibling, navigating a tough marriage, and enduring personal tragedies. Each of these experiences taught me the raw power of resilience and the importance of self-worth. I wanted to share my story to reach those who might be feeling lost, stuck, or questioning their own worth."



Lisa Dorn

Lisa's narrative in Unstoppable! Volume 4 offers a message of hope and empowerment, particularly for women who are facing their own struggles. By sharing her own experiences, Lisa aims to provide a source of inspiration and encouragement, showing others that it is possible to rise above adversity and thrive.

"Becoming a Best-Selling author feels like a testament to the power of vulnerability and authenticity," Lisa says. "It's both humbling and exhilarating to know that my story resonates with so many. This accomplishment is a reminder that our stories matter, that sharing our journeys can ignite hope and inspire change."

Lisa Dorn's mission is to empower women to live lives filled with balance, purpose, and boundless possibilities. Through her coaching programs and her podcast, "Unleash Your Inner Radiance," Lisa offers guidance and support to women on their transformative journeys, helping them to embrace their unique strengths and overcome limiting beliefs.

"I want to inspire women to become Unstoppable by sharing my own journey of overcoming adversity and embracing vulnerability," Lisa remarked. "I encourage women to let go of perfectionism and self-doubt, embracing their authentic selves with compassion and courage. By providing practical tools, heartfelt stories, and unwavering support, I hope to ignite a spark within each woman, empowering her to take bold steps towards her goals and live a life of purpose and joy."

Lisa's advice to women who want to become unstoppable is to embrace the concept of "just do it messy," encouraging them to take action even when it feels imperfect or uncertain.

Unstoppable! Volume 4 - The Powerhouse Edition continues to inspire a global audience, demonstrating the power of resilience and the importance of sharing one's story. Lisa Dorn's contribution to this best-selling anthology is a reminder that every woman has the power to transform her life and the lives of others by embracing her authentic self and taking bold steps toward her dreams.

For more information about Lisa Dorn and her work as a Life & Wellness Coach, please reach out to her at <http://www.changeyourlifewithlisa.com/>

Lisa Dorn

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