

Living in Gratitude with TLC: Terri Chaplin Celebrates Success in Transformative Grief Coaching Programs

Innovative coaching and certification programs empower individuals to heal and transform their lives.

FL, UNITED STATES, September 15, 2024 /EINPresswire.com/ -- Living in Gratitude with TLC, founded by grief and healing expert Terri Chaplin, is celebrating the impact of its innovative programs designed to help individuals navigate grief and loss. Through the Healing Hearts Pathway Program, Healing Hearts Essentials, and a variety of online resources, Terri provides compassionate guidance and practical tools for those seeking healing and personal transformation after significant loss.

At the heart of Living in Gratitude with TLC's mission is a commitment to supporting individuals through the often complex and overwhelming experience of grief. Terri's flagship program, the Healing Hearts Pathway, offers a personalized journey for each client, guiding them through a structured three-step system. "Grief can be an isolating experience, but with the right support, it becomes a pathway to healing and hope," Terri commented. The program helps individuals discover the depths of their grief, address inner challenges, and craft a personal healing journey that fosters recovery and growth.

In addition to the Healing Hearts Pathway, Healing Hearts Essentials is a six-week intensive program designed to provide personalized support through weekly 50-minute sessions. It offers breakthroughs for those at the beginning of their healing journey or who feel stuck in their grief. This structured approach ensures that clients receive compassionate care while progressing toward healing in a supportive environment.

For those who prefer to work independently, Terri also offers the Grief to Growth Online Course.



Terri Chaplin

This self-paced course provides comprehensive resources to help individuals understand the emotional and physical effects of grief, build resilience, and manage grief triggers. The program caters to those looking for flexible yet impactful tools to support their healing process.

Beyond personal healing, Terri Chaplin is committed to mentoring and training others who feel called to support those navigating grief. The Healing Hearts Master Grief Coach Certification Program is accredited by the CTAA and provides participants with a comprehensive education in grief coaching. The certification program covers essential skills, ethical practices, and specialized knowledge, such as managing complicated and disenfranchised grief.

Terri's personal experience with grief deeply influences her coaching methods. "I know what it feels like to walk through the darkest days," she shared. "Losing both my husband and son shaped how I approach grief coaching. My personal journey has allowed me to develop a compassionate, non-judgmental space where healing can happen."

Graduates of the certification program gain not only practical coaching skills but also ongoing support through the Coherence Coaching Collective, a community designed to offer mentorship and resources as participants build or scale their coaching businesses. This support extends beyond the classroom, ensuring that graduates have the guidance they need to succeed long-term.

Living in Gratitude with TLC serves individuals from all walks of life who are seeking to heal from significant loss. Whether it's the death of a loved one, a relationship, or another life-changing event, Terri's programs offer a compassionate and structured approach to processing grief. Clients range from those in the early stages of their grief journey to those ready to transform their pain into purpose by helping others as certified grief coaches.

Terri emphasizes that her approach is both natural and client-centered. With a focus on empowerment, each program is designed to provide practical tools that can be easily integrated into daily life. This natural, supportive approach allows clients to move forward at their own pace, finding healing without feeling pressured or overwhelmed.

By offering a variety of resources—from one-on-one coaching to group programs and online courses—Living in Gratitude with TLC ensures that individuals have access to the support that best fits their needs. Terri remarked, "Healing from grief isn't a one-size-fits-all process. It's deeply personal, and I'm here to provide the tools and guidance that will empower people to heal in their own way."

For more information follow Terri Chaplin on [Facebook](#) and [LinkedIn](#). She can be reached via email at tchaplin@livingingratitudewtlc.com.

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