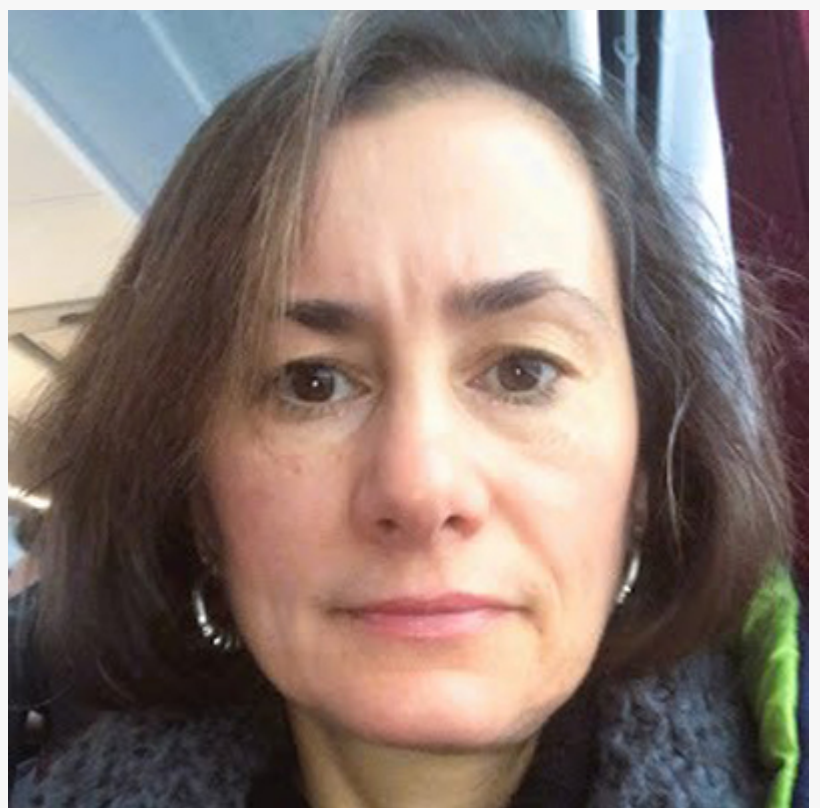


QHHT and Emotion Code Practitioner Mary Jane Rubino to be Featured on Close Up Radio

WEST HAVEN, CT, UNITED STATES,
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EINPresswire.com/ -- We all experience hardships throughout our life's journey that can negatively affect our minds and spirits. Beside battling chronic pain and disease, we struggle to gain insight and understand our life's lessons, purpose and path. To find healing and the answers we seek, we may try to deal by self-medicating, which not only numbs our senses but opens us up to even more darkness that, in the long run, does harm to our brain, body, and spirit. That's why more and more people are turning to top professionals with a holistic approach to mental and emotional health with permanent, sustainable solutions that help us truly achieve our very best health.



Mary Jane Rubino is a highly sought after, experienced Quantum Healing Hypnosis Technique and Emotion Code practitioner whose mission is to guide us all to a higher purpose and more profound sense of wholeness. With her down-to-earth, approachable, and supportive style, Mary cultivates a sacred space for any of us to find healing and a radiant, abundant, purpose filled life. Her aim and personal life's purpose is to help us not only foster a deeper understanding of oneself, one's purpose, and one's connection to the greater good, but to help us live pain free both physically and mentally.

Through her work with two powerful healing modalities – Quantum Healing Hypnosis Technique (aka “QHHT”) and the Emotion Code – Mary takes us on a remarkable healing journey to identify and address the underlying causes of mental, emotional and physical pain, empowering us to live and feel better.

QHHT, developed by the late Dolores Cannon, focuses on past-life regression for accessing our deep subconscious memories to uncover and heal past-life traumas; thereby not only raising our vibrational frequency, but enabling us to innately heal ourselves from physical ailments that have been plaguing us and keeping us from living our best lives. Through this incredible modality, when we engage in a QHHT session, we often see past lives and tap into the wisdom of our Subconscious or "Higher Self," where all the answers lie. Healing thus occurs when we learn the lessons that we experienced from past lives, finally create positive change, and understand the true purpose through this connection to our authentic selves. These sessions typically take a minimum of four hours, wherein Mary facilitates the process of healing with remarkable success that is absolutely life changing.

Through the Emotion Code – another incredible evidence-based healing modality – Mary connects with our subconscious mind to locate and release trapped emotions that are at the root of a very large range of issues, chronic inflammation being a major signal that there are trapped emotions present. Symptoms are our bodies' way of telling us that something is out of balance, and rather than "shooting the messenger (which is our own soul)," that is trying to convey a message to us, this method enables her to uncover the underlying emotional baggage. Essentially she is talking to a computer – herein the SC – and debugging it!

The fact is, the large majority of us are carrying around past trauma and unprocessed emotions

50 YEAR OLD HIP PROBLEM, GONE!

"After using The Emotion Code for a few days, I had to see if I could help a friend who had been dealing with intense discomfort in her hip. She had tried various methods, but nothing seemed to help. Over the phone, I helped her clear a few trapped emotions. She called me the very next day quite emotional and told me, "Sunnefa, I haven't allowed myself to say this out loud all day out of fear of jinxing it, but the intense agony in my hip that had been there for fifty years, is gone!! I cannot believe it!" -Sunnefa Palsdottir, Iceland

DISCOVER HEALING

★★★★★

"I HAD A HEART-WALL® AND IT HAS BEEN RELEASED. I DID NOT NOTICE A DRASTIC CHANGE RIGHT AWAY. HOWEVER, WITH CONTINUED RELEASE WORK, I'VE BLOSSOMED SO MUCH. I AM SHINING BRIGHTER, ALLOWING OTHERS TO GET TO KNOW ME, ALLOWING MYSELF TO REALIZE THE GIFTS I HAVE AND NOW LEARNING HOW TO PUT THEM TO USE. I THRIVE ON HELPING OTHERS, SEEING OTHERS OVERCOME AND ACCOMPLISH THINGS. IT BRINGS ME SO MUCH JOY."

~KRISTA W., TEXAS, USA

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and we are not processing these emotions to resolve their origins and heal from them, so they literally get trapped in our cells, muscles, nervous system, and so on with this negative energy creating imbalances so we end up not feeling well. By using the Emotion Code, Mary is able to release these trapped emotions that may indeed date back to our childhood – and even earlier – to alleviate chronic pain and bring about profound healing to mind, body, heart and spirit. Results are transformative and incredibly enlightening.

Mary says when it comes to conventional medicine, she finds wisdom in functional medicine's Dr. Mark Hyman's statement, "When it comes to conventional medicine, we're in the name it, blame it, and tame it game." Behind the times, it continually fails to address the chronic disease epidemic. It does not see an individual human as a whole – taking into consideration our physical, psychological, social and spiritual make-up – but is designed to keep us dependent on pills that not only do not heal us, but can have serious adverse effects on our minds and bodies. Indeed, there certainly is a place for conventional, or allopathic medicine, as it works wonderfully treating life-saving emergencies.

Mary has helped dozens of individuals struggling with anxiety, depression, chronic pain, and more to find relief. Through these amazing powerful healing modalities, we become renewed, re-energized, joyful and finally able to find our path to optimal health and wellness – and who doesn't want that?

LIFELONG SADNESS DISAPPEARS!

"I've had a sadness about me my whole life that I never understood. I came to a point in my life where my personal and professional life became overwhelming. All I wanted to do was cry for over two weeks. That's when I was introduced to The Emotion Code and someone did this work on me. After three sessions and understanding that this sadness was inherited from... my mother's side, I felt like a whole new person. This has created a want in me to share this powerful work and help others find wholeness in a way, I believe, only this work can do." -Melinda D., USA

A YOUNG MAN BEATS ADDICTION

"A 17-year-old young man had a drug addiction to meth. I worked with his Mom and we did some Emotion Code® sessions around his addiction. Then he asked his mother for more help to completely get over his addiction. It has been two months since his first Emotion Code session and after a two year struggle with addiction, he is still clean and receiving help. This is amazing for himself and his family!" -Debbie A., Canada



Close Up Radio will feature Mary Rubino in an interview with Jim Masters on Wednesday, September 11th, at 3:00 p.m. EST

Listen to the show on [BlogTalkRadio](#).

If you have any questions for our guest, please call (347) 996-3389.

For more information, please visit:

<https://www.Maryjaneqhht.com>

<https://members.qhhtofficial.com/members/mj-starkey>

<https://www.calendly.com/mjrubino111>

<https://www.facebook.com/Marylane.Rubino144>

Written by: Beatrice Maria Centeno

Lou Ceparano

Close Up Television & Radio

+1 631-850-3314

[email us here](#)

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