

# Author and Psychiatrist Mark Fallon-Cyr, M.D. Releases New Book on the Importance of Truth in the Modern World

*TRUTH offers a path forward. By recognizing its vital role in our well-being and survival, we grasp the imperative to foster a truthful world for all.*

DENVER, CO, UNITED STATES,  
September 23, 2024 /

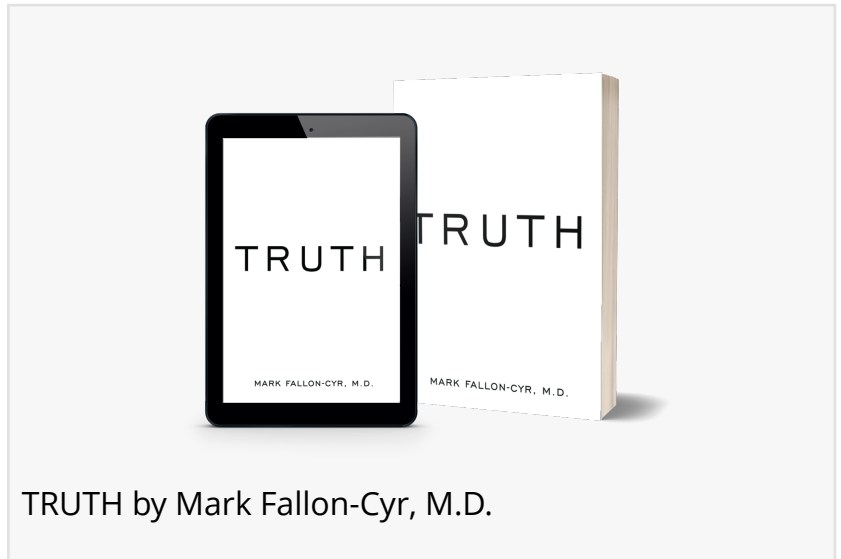
EINPresswire.com/ -- Author and psychiatrist [Mark Fallon-Cyr](#)'s new book [TRUTH](#) emphasizes the significance of truth, as well as the dangers that accompany misinformation. In today's world, we

are witnessing an unprecedented breakdown of truth. With the advent of the internet, computer-generated images, and social media, there is access to enormous amounts of information, yet accuracy is increasingly rare. News organizations, politicians, governments, corporations, and average citizens alike broadcast their narratives across the world, often prioritizing influence, profit, or popularity over truth. In

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When we align ourselves with truth, we stand on solid, stable ground. Long-term success requires a stable foundation. One of the reasons why truth is so valuable is because it stands the test of time.”

*Mark Fallon-Cyr, M.D.*



TRUTH by Mark Fallon-Cyr, M.D.

this environment, truth has been overshadowed – placing our world in peril as we crumble amid misinformation, corrupted discourse, and denial of critical issues such as climate change.

Mark Fallon-Cyr has not written this book to scare readers, but rather to offer a path forward in pursuit of truth. By recognizing its vital role in our well-being and survival, we grasp the imperative to foster a truthful world for all. When we understand what truth is, what it isn't, and how to promote truthful discourse, we can effect positive transformation. At a time when the stakes for humanity

are high, TRUTH is essential for addressing the challenges ahead as we secure a brighter future for everyone.

With plenty of opportunities for moments of personal reflection, readers are able to pause and think through the insightful questions that this book poses. TRUTH is an impactful and engaging read filled with graphics, academic research, and thought-provoking subject matter.

Mark Fallon-Cyr, M.D. is a psychiatrist who has dedicated his life to helping others live more successfully. A Harvard trained clinician, he has worked with children, adults, and families in the Four Corners region (Colorado, New Mexico, Utah, Arizona) for over 30 years, serving people from a variety of cultures and communities. For much of his career, Mark and his wife, Maureen, have been developing [True Success For All](#), a program that brings new perspectives on truthful living, empowering us to realize our true potential.

Excerpt from the book:

"The spread of untruths targeting specific people, cultures, and events has resulted in widespread abuses leading to oppression, racism, and genocide. When untruths abound – whether through fabrications, falsehoods, misunderstandings, lies, or delusions – they bring chaos and destruction to individuals, communities, and global structures.

If we wish to elevate the condition of humanity, we must build a foundation of truth. We need to get to the heart of truth, know what it is, learn how to identify it, recognize when it is being suppressed, and work diligently to cultivate truth for the success of our world."

TRUTH is available on Amazon: <https://a.co/d/hKSz6wp>

The author is available for interviews and the book is available for review.

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