

# Tackling Job Market Anxiety with 'Becoming Fearless' by Dr. Benjamin Ritter

*Empowering professionals to overcome fear and take control of their careers, Dr. Benjamin Ritter's book launch offers tools for navigating uncertain job markets*

AUSTIN, TX, UNITED STATES, September 16, 2024 /EINPresswire.com/ -- Amidst increasing concerns over job security and a turbulent economy, Dr. Benjamin Ritter, a renowned international leadership coach and author, is launching his latest book, *Becoming Fearless: 65 Strategies to Journey from Self-Doubt to Self-Mastery*, at a special event on September 17, 2024, at the Sapien Center in Austin, Texas. The event comes at a critical time, offering professionals actionable strategies to reclaim control over their careers during one of the most uncertain job markets in recent history.

According to a report by MyPerfectResume, 85% of workers are currently worried about job loss in 2024, contributing to an environment where employees are increasingly disengaged. Gallup data highlights that only 23% of workers are actively engaged in their jobs, while 62% are not engaged, and 15% are actively disengaged—a telling sign of the growing disconnect between workers and their career aspirations.

Dr. Ritter's book, *Becoming Fearless*, provides practical steps for overcoming these challenges, urging individuals to stop waiting for external changes and start reshaping their own career paths. "Too many of us are stuck operating in fear, waiting for something to shift," says Dr. Ritter. "But the truth is, you have more control than you think. This book is about empowering people to take ownership of their careers, especially in tough job markets like this one."

The launch event also taps into Austin's growing trend towards healthier, inclusive social settings. Attendees will enjoy premium non-alcoholic beverage offerings from brands such as Little Saints, Three Spirits, Curious Elixirs, Best Day Brewing, and Spiritless, in addition to traditional alcoholic options from BeatBox, BuzzBallz, Rosaluna, Canteen Spirits, Happy Dad Hard Seltzer, and JuneShine. The event aims to foster meaningful connections while celebrating personal empowerment and community inclusivity.

Event Details:

Date: September 17, 2024

Time: 6:30 PM – 8:30 PM

Location: Sapien Center, Austin, TX

For those interested, [RSVP is available online](#) for local attendees.

Dr. Ritter's Becoming Fearless is a timely resource, providing strategies that professionals can implement immediately to navigate their careers through these turbulent times. "This isn't just about surviving; it's about thriving in the face of uncertainty by taking deliberate, empowered steps forward," Dr. Ritter adds.

About Dr. Benjamin Ritter:

Dr. Benjamin Ritter is a leadership and career coach, founder of Live for Yourself Consulting, keynote speaker, and trusted advisor. Named a Top LinkedIn Voice, Dr. Ritter has dedicated his career to helping professionals overcome self-doubt, align their careers with their personal needs, and achieve mastery in both their personal and professional lives.

For more details on Becoming Fearless and the event, visit

[liveforyourselfconsulting.com/becomingfearless](https://liveforyourselfconsulting.com/becomingfearless).

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