

Browndog's New Blues Rock Album "Alcohol" Released to Inspire Recovery and Raise Awareness on Alcohol Abuse

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EINPresswire.com/ -- Music has the power to heal, and for Mike Browne (aka [Browndog](#)), it became a life raft during the tempest of addiction and recovery. Today, his struggles have transformed into a beacon of hope with the release of his debut EP, "Alcohol," a gritty collection of blues rock songs that candidly explores the themes of recovery, aging, and the quest for meaning.

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I believe in the healing power of music," Browndog expresses. "By sharing my story and supporting recovery programs, I hope to inspire others to seek help & to remind them that they are not alone."

Browndog

Towards the tail end of a successful career in finance, Mike faced the dark side of alcohol, which ultimately threatened to unravel his achievements. "When I hit rock bottom, I knew I had to make a choice: to succumb to my struggles or to fight back. Recovery was a difficult path, made even more challenging by the pandemic," he recalls. "In my search for tools to maintain sobriety, I turned to music, which has always been my passion. It became a lifeline, allowing me to express the complex emotions I was experiencing."

"Alcohol," which is now available on all music streaming platforms including [Spotify](#) and [Apple Music](#) under his artist name "Browndog", serves as both an artistic outlet and a poignant reminder of the dangers associated with alcohol abuse. The EP's tracks delve into personal narratives while shedding light on the universal issues surrounding addiction. "This album is a message of awareness," Browndog states. "Alcohol does not discriminate; it affects people from all walks of life. We are all potential victims."

In an inspiring act of giving back, Browndog will donate all proceeds from the EP to provide music therapy programs for individuals undergoing alcohol recovery. "I believe in the healing power of music," Browndog expresses. "By sharing my story and supporting recovery programs, I hope to inspire others to seek help and to remind them that they are not alone."

Listeners can explore the raw energy and emotion of "Alcohol" through all streaming platforms.

With its powerful message and soulful sound, this EP not only marks a significant milestone in Browndog's musical journey but also opens up vital conversations about addiction and recovery.

For more information about Browndog, the "Alcohol" EP, or to schedule an interview, please contact Michael S. Browne or visit <https://www.browndog.com/>.

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