

Specific Physiotherapy Now Open in Preston, Serving Brunswick, Coburg, and Melbourne's Northern Suburbs

PRESTON, VIC, AUSTRALIA, October 1, 2024 /EINPresswire.com/ -- Specific Physiotherapy is pleased to announce the opening of its new clinic in Preston, designed to provide tailored physiotherapy services to residents in Brunswick, Coburg, and the surrounding areas of Melbourne's northern suburbs. The clinic focuses on delivering quality care specific to each patient's individual goals, recognizing the unique nature of every injury and chronic condition.

At [Specific Physiotherapy Preston](#), patients can expect a comprehensive range of services, including general and sports physiotherapy, remedial massage, myotherapy, and Pilates. The clinic aims to create a welcoming environment where each individual can receive hands-on treatment tailored to their specific needs. The experienced team is committed to optimizing patient well-being through a holistic approach that encompasses education, manual therapies, and personalized rehabilitation programs.

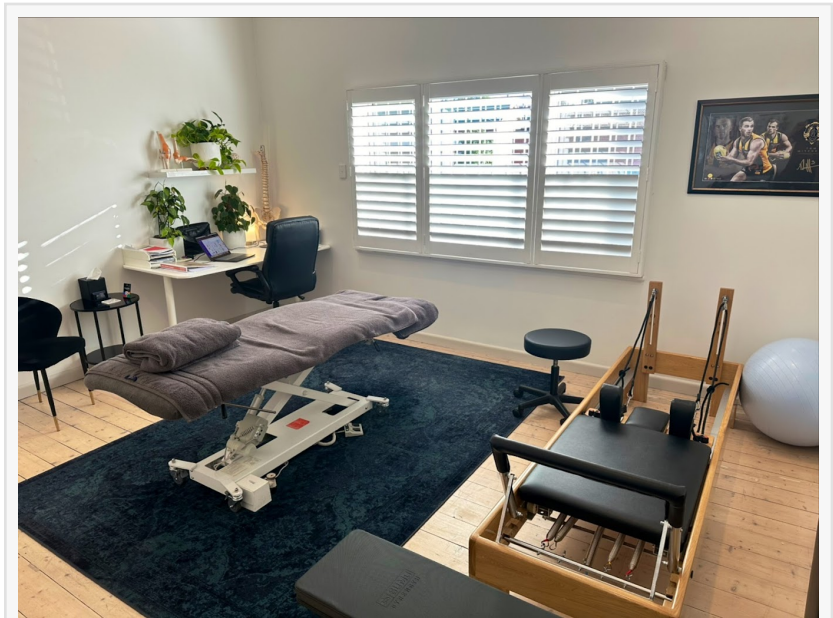
"Whether you are dealing with an acute injury or managing chronic pain, our dedicated physiotherapists are here to provide effective treatment options that suit your lifestyle," said Brenda, a certified therapist at the clinic. "We understand that each body is unique, and our goal is to address the root causes of pain while supporting recovery."



Specific Physiotherapy offers specialized services in sports physiotherapy, leveraging the team's extensive experience with professional athletes, including those in the AFL. This expertise allows them to cater to the needs of both elite sportspeople and recreational athletes, focusing on injury prevention, management, and rehabilitation.

In addition to sports injuries, Specific Physiotherapy Preston treats a variety of conditions, including back pain, neck pain, knee pain, and chronic pain. The clinic emphasizes the importance of clear communication, using personalized tools to enhance patient understanding of their treatment plans and progress.

The clinic's team comprises skilled physiotherapists who are dedicated to continuous learning and the application of the latest techniques. They are committed to providing the highest standard of care to the Preston community and beyond.



For more information or to schedule an appointment, visit their website at <https://specificphysiotherapy.com.au/>.

About Specific Physiotherapy:

Specific Physiotherapy is a clinic specializing in personalized physiotherapy care. Committed to a patient-focused philosophy, the experienced team strives to improve health outcomes and support the recovery process for individuals in Preston and the neighboring communities.

Billy Gilhooley
Specific Physiotherapy Preston
+61395795919 ext.

[email us here](#)

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