

# The QPAN® Treatment; A New ERA for Autism Neurological Developmental Disorders

*There are 70 million autistic in the world, QPAN® Model offers personalise real-time brain data and an AI-driven system to make it truly bespoke.*

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EINPresswire.com/ -- The QPAN®

(QEEG-Guided Personalised AI-Based Neuromodulation and Rehabilitation)

Model is a groundbreaking approach designed to help individuals with Autism Spectrum Disorder (ASD) and

other neurological developmental conditions. Developed by [Specialist Neuropsychologist Dr. Alptekin Aydin](#), this treatment model combines advanced technology, artificial intelligence (AI), and QEEG functional brain mapping to offer a personalised therapy system. This article explains



Specialist Neuropsychologist Dr. Alptekin AYDIN

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QPAN® ( QEEG-Guided Personalised AI-Based Neuromodulation and Rehabilitation ) Model new era for the autism treatment”

*New ERA for Autism Treatment*

how the QPAN® model is opening new opportunities for people with special needs, autism and related disorders, and compares its effectiveness to traditional methods.

What is the QPAN® Model?

The QPAN® Model uses a method called Quantitative Electroencephalography (QEEG), which is a type of brain imaging that maps brain activity. This technique helps identify areas of the brain that are not functioning properly, contributing to symptoms like difficulties in

communication, repetitive behaviours, and social challenges. Based on this brain mapping, a personalised treatment plan is created.

Central to this model is Neuromap®, an AI-driven platform that processes the brain data from QEEG to generate reports highlighting both strengths and weaknesses in the brain. This advanced technology allows doctors to develop individualized treatment plans that can adapt over time as the patient progresses, making the treatment more effective and personalised.

**A New Approach to Treating Autism**  
Autism is a complex condition that affects millions of people worldwide. While traditional therapies have provided some benefit, they often follow a one-size-fits-all approach that doesn't cater to the specific needs of each individual. The QPAN® Model stands apart by using real-time brain data and AI to tailor the treatment to each person.

One of the main techniques used in this model is Transcranial Direct Current Stimulation (tDCS). This method is non-invasive and uses low-level electrical currents to stimulate specific areas of the brain, improving cognitive abilities, emotional regulation, and social interaction. The results have shown promising improvements in reducing autism-related symptoms and enhancing overall quality of life. By targeting each individual's unique brain activity, the QPAN® Model helps families find more effective solutions for their loved ones. Children receiving this treatment have shown progress in areas like memory, focus, and emotional control. This personalised care not only addresses the symptoms of autism but also improves the overall quality of life for those affected.

### The Benefits of Personalised Treatment

What makes the QPAN® Model unique is its emphasis on personalised treatment. Unlike conventional therapies that apply the same methods to all individuals, the QPAN® Model adapts to each person's neurological profile. By tailoring treatments to the individual, this approach aims to correct the underlying causes of symptoms instead of just managing them. In addition to brain stimulation techniques like tDCS, the QPAN® Model also integrates various therapies, such as educational support, physical therapy, and speech therapy, to address different areas of development. Children who previously struggled with traditional educational methods now have access to personalised learning plans that are customized to their specific brain activity.



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This method also provides a financial advantage to families, as it can reduce the overall duration of treatment by making it more effective. The potential to lessen the need for long-term, intensive therapy helps ease the financial burden that often accompanies autism care.

### Comparing QPAN® with Traditional Methods

Traditional therapies, such as Behaviour or speech therapies, have helped many individuals with autism but are generally more focused on managing behaviours rather than addressing the underlying neurological issues. These therapies often require long-term treatment and may not show quick results.

In contrast, the QPAN® Model uses advanced technology and brain mapping to identify specific brain areas that need improvement, leading to more effective and timely results. This approach goes beyond managing symptoms by focusing on the brain's function and adapting the treatment as the individual progresses.

The success of the QPAN® Model speaks for itself. Thousands of individuals have already benefited from this treatment, and its effectiveness continues to attract more families. With a success rate significantly higher than many traditional therapies, the model is changing how autism and neurological disorders are treated.

### Opportunities for Individuals with Special Needs

For individuals with autism and other neurological developmental conditions, the QPAN® Model presents new opportunities for growth and progress. Its tailored treatment approach helps address specific areas such as communication, social skills, and emotional regulation. This provides a chance for these individuals to reach milestones that may have seemed out of reach with traditional therapies.

The QPAN® Model is not limited to autism alone. It has also shown promise in treating other conditions like ADHD, anxiety, and learning disorders, stroke, depression, anxiety, OCD. By focusing on brain activity, the model offers solutions for various neurological challenges, giving families a renewed sense of hope. Treatment can be applied 5 years and onward. It also has successful results from elderly group.

Families who have struggled with the limitations of conventional treatments now have an alternative that offers real progress. The QPAN® Model provides not only temporary relief but also long-lasting improvements, helping individuals on the autism spectrum and others with developmental challenges to live more fulfilling lives.

### Conclusion

The QPAN® model, introduced by Specialist Neuropsychologist Dr. Alptekin Aydin, is transforming the treatment of autism and neurological developmental disorders. By combining advanced brain mapping techniques, AI, and personalised neuromodulation, this model offers a new way forward for families who have been seeking more effective solutions. For those with

autism and related conditions, the QPAN® Model provides a path to greater independence and quality of life. With its focus on personalization and real-time adaptation, the QPAN® Model stands out as a revolutionary approach that addresses the root causes of neurological disorders, offering renewed hope and real progress. For families navigating the challenges of autism and other developmental disorders, the future is looking brighter, thanks to this innovative treatment model.

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