

New Study Reveals Workplace Diversity Boosts Employee Satisfaction in Calgary

Research highlights competitive advantage of inclusive work environments in Alberta's largest city

CALGARY, ALBERTA, CANADA, October 1, 2024 /EINPresswire.com/ -- A study conducted by researchers has uncovered a strong link between workplace diversity and employee satisfaction in Calgary's economic region. The findings, published in Advances in Management & Applied Economics, offer valuable insights for human resource professionals and business leaders seeking to enhance their organizational performance and employee retention.



Meditation in Calgary workplaces has grown in popularity.

The study, titled "Assessment of Employees' Perception of Workplace Diversity and its Influence on Job Satisfaction: Insights from Calgary Economic Region," surveyed a diverse group of employees across various industries in Calgary.

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> Brenda Berger at Calgary Psychologist Counselling

Key findings include:

Increased Job Satisfaction: Employees in diverse work environments reported significantly higher levels of job satisfaction compared to those in more homogeneous settings. Likely, they have access to anxiety counselling or <u>depression counselling</u>.

Enhanced Employee Retention: Organizations with robust diversity initiatives experienced lower turnover rates and

increased employee loyalty.

Improved Innovation: Diverse teams demonstrated higher levels of creativity and problemsolving capabilities, contributing to overall organizational success.

Despite these benefits, the research also identified several challenges in implementing effective diversity initiatives:

Resistance to change from some employees and management

Lack of understanding about the long-term benefits of diversity

Insufficient resources allocated to diversity and inclusion programs

Brenda Berger at <u>Calgary Psychologist Counselling</u> commented, "The research clearly demonstrates that embracing workplace diversity is not just a moral imperative but a strategic advantage for businesses in Calgary. Companies that prioritize inclusive practices are better positioned to attract top talent, foster innovation, and ultimately thrive in our increasingly globalized economy."

The study employed a comprehensive methodology, including:

Surveys of over 1,000 employees across various sectors

In-depth interviews with HR professionals and business leaders

Analysis of organizational diversity policies and their implementation

These findings come at an important time for Calgary's business community, as the city continues to diversify its economy and attract talent from around the world.

Human resource professionals and business leaders interested in learning more about the study and its implications for workplace practices are encouraged to search the title at the Calgary Public Library.

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