

# HAHS Expands Digital Solution for Athletes and Families

*Comprehensive affordable healthcare  
built by athletes, for athletes*

COLUMBUS, OH, UNITED STATES,  
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The Holistic Athlete Health Solution  
(HAHS) is transforming the way  
athletes and their families access  
healthcare.

Built by athletes, for athletes, HAHS is a  
secure, personalized, mobile app  
offering seamless, on-demand access  
to top-tier mental and physical health  
professionals.

HAHS replaces long wait times and  
removes complicated insurance  
hurdles. With HAHS, athletes and their  
families tap into a world of expert care  
instantly, whether it's overcoming performance anxiety or addressing unexpected medical  
concerns on the go.



With HAHS, you have the  
answer—expert care in  
minutes, not weeks. This  
app is a must-have for any  
family committed to their  
child's success."

*Aggie McCormick, club  
director and coach*



## Holistic Athlete Health Solution

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### Athlete Game-Changer

Built specifically for the needs of Athletes at every level  
benefit, HAHS delivers the proven tool to enable peak  
performance. [Aggie McCormick](#), a club director and coach,  
puts it simply:

"As a coach, I've seen young athletes battle with anxiety  
before big games. Parents ask, 'What can we do now?' With  
HAHS, the answer is available—expert care in minutes, not  
weeks. This app is a must-have helping any family  
committed to their child's success."

## Valuable to the Entire Family

HAHS covers the entire family at a cost point less than one urgent care visit. This includes unlimited access, zero hidden fees, and no copays or deductibles. Service provided:

- Real-time mental health support from licensed professionals, ideal to tackle performance anxiety and stress.
- Medical care on-demand, including minor injuries, illnesses, or emergencies.
- Expert-driven education on everything from stress to nutrition to sleep, ensuring athletes stay at peak performance.

"It's not just for athletes—it's for the whole family. Whether a parent, sibling, or coach, HAHS provides peace of mind and expert care when needed most," said Michael Sentz, CEO of CaringWire, the company powering HAHS.

## HAHS delivers a New Way to Stay Healthy

HAHS provides a solution that delivers unlimited access to care, without copays or deductibles. HAHS provides the right care at the right time. HAHS is the tutor for a family's health journey—accessible, affordable, and there when it matters most.

## Trusted World-Class Expertise

HAHS is powered by industry leaders in Athlete Health and Wellness. Led by Dr. James Borchers, Chief Medical Officer of the Big Ten Conference and the U.S. Council for Athletes' Health, and supported by over 1,800 doctors and mental health experts nationwide with an average of 17 years of experience, HAHS guarantees results.



Fairfax Stars

## Why HAHS? Because Athletes Deserve Better

Parents, coaches, and athletes use HAHS everyday as the trusted tool to support the Athletes goals. HAHS provides comprehensive, affordable services, and has been built to serve the unique needs of athletes and their families. HAHS is used for pre-competition in a stress situation or a medical emergency or anytime a trusted source is needed.

"This is a no-brainer. The level of care HAHS provides for such an affordable price. Every parent and coach should consider it," said [Aggie](#).

## How to Get HAHS

Getting started with HAHS is simple. Visit [hahs.info](https://hahs.info) to sign-up. In just minutes, personal care at your fingertips is available—no matter where someone is located.

## About HAHS

Holistic Athlete Health Solution (HAHS) is a digital health platform delivering instant access to the highest-quality healthcare professionals. HAHS ensures comprehensive mental and physical care for the entire family, 24/7, 365 days a year.

[solutions@hahs.info](mailto:solutions@hahs.info)

HAHS Powered by CaringWire

+1 614-526-9594

[email us here](#)

Visit us on social media:

[X](#)

[LinkedIn](#)

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