

Brampton Office Flu Prevention: Expert Reveals Top 10 Cleaning Strategies has context menu

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BRAMPTON, ON, CANADA, October 4, 2024 /EINPresswire.com/ -- As flu season nears, maintaining a clean and hygienic workspace is crucial for businesses in Brampton. The flu virus can disrupt operations, leading to increased sick leave and decreased productivity. Spotless Janitorial, the expert in [office cleaning](#) in Brampton, is dedicated to helping local businesses combat flu season and keep their employees healthy and productive.

With over 4 decades of excellence in commercial cleaning, they have compiled the top 10 essential cleaning strategies companies need to combat flu season.

1. Understand the Difference Between Cleaning, Disinfecting, and Sanitizing

If you're only implementing one of the three, chances are you're not reducing flu transmissions as much as you think.

Cleaning physically removes dirt, dust, and germs from surfaces, but it doesn't necessarily kill them. Disinfecting, however, uses chemicals to kill germs, preventing their spread. Furthermore, sanitizing reduces the number of germs to a level considered safe by public health standards. If you're looking for a commercial cleaning service in Brampton that has mastered all three,



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Spotless Janitorial is your go-to. They have a thorough approach to maintaining a flu-free office.

2. Focus on High-Touch Surfaces

High-touch areas like doorknobs, keyboards, phones, light switches, and shared office equipment are prime spots for flu viruses to linger.

Remember, flu viruses can survive on surfaces for up to 48 hours, making regular disinfection essential to minimizing the risk of illness and maintaining a healthy office

environment, especially during flu season. This proactive approach helps reduce absences and keeps productivity levels high.



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3. Promote Hygiene Among Employees

Promoting good hygiene habits, such as frequent handwashing and the use of hand sanitizers, is essential in minimizing flu transmission. Spotless Janitorial, with their consumables management service, can support your office by ensuring that hand sanitizing stations are fully stocked and positioned in high-traffic areas. Additionally, their routine disinfection of communal spaces like break rooms and kitchens helps to reinforce a clean, germ-free environment further reducing the chances of flu outbreaks.

4. Use High-Quality Cleaning Products

Not all cleaning products are created equal when it comes to killing flu viruses. Spotless Janitorial uses only EPA-approved, high-grade disinfectants that are proven to kill the flu virus and other pathogens. Investing in these superior cleaning products ensures your office remains protected from the flu, unlike weaker, off-the-shelf products that may not effectively combat viruses.

5. Implement a Hand Hygiene Campaign

A focused hand hygiene campaign can significantly bolster efforts to prevent flu transmission in the workplace. By placing clear, visible reminders near sinks and sanitizing stations, you can encourage employees to wash their hands thoroughly and frequently, particularly after using shared facilities. Additionally, hosting brief informational sessions on proper handwashing techniques can further emphasize this vital practice.

6. Don't Forget Shared Equipment

Office equipment such as printers, phones, and copiers are often shared by multiple people throughout the day, making them hotspots for germ transmission. Ensures these frequently touched items are not overlooked in daily cleaning routines. Sensitive electronics can be difficult to clean without damage, but Spotless Janitorial uses techniques and products that ensure thorough disinfection while preserving the integrity of your equipment.

7. Offer Flu Shots to Employees

Providing flu shots is an effective preventive measure to keep the flu at bay in your office. By offering on-site vaccinations or allowing employees time off to get vaccinated, you can significantly reduce the risk of widespread illness.

8. Ventilate Your Office Properly

Proper ventilation is often overlooked but plays a crucial role in reducing the spread of airborne flu viruses. Ensure your office has good airflow to reduce the concentration of germs in the air.

9. Stock Up on Cleaning Supplies

Keeping cleaning supplies, such as disinfectant wipes and sprays, easily accessible encourages employees to clean their workspaces regularly. Spotless Janitorial can help you maintain a steady supply of high-quality cleaning products as part of their [commercial cleaning services in Brampton](#), ensuring you're always prepared during flu season.

10. Schedule Deep Cleaning Services

Scheduling deep cleaning services is an effective way to address areas that might be overlooked during daily cleaning routines. Spotless Janitorial specializes in thorough office cleaning in Brampton. Deep cleaning, addressing corners of the office you don't even consider, and tending to high-traffic points are what they are best at. This includes sanitizing carpets, upholstery, and window treatments, as well as scrubbing down walls and baseboards, ensuring every nook and cranny is disinfected. Deep cleaning not only helps eliminate the flu virus but also refreshes the overall appearance of your workspace, contributing to a healthier and more pleasant environment.

Spotless Janitorial plays a crucial role in minimizing flu exposure by maintaining a meticulously clean office environment. Their routine cleaning and disinfecting services create a safer, healthier space for vaccinated and unvaccinated employees alike.

What Sets [Spotless Janitorial Services](#) Apart

Spotless Janitorial Services has been a trusted provider of office cleaning in Brampton and the

surrounding areas since 1983. Offering a 100% satisfaction guarantee, fully insured and bonded staff, and eco-friendly cleaning practices, Spotless Janitorial has earned its reputation for excellence. Their commitment to superior cleaning standards has made them the go-to service for businesses looking to maintain a safe and healthy workspace. They have also been recognized as the #1 provider in the Business Times Reader's Choice Awards for five consecutive years.

About Spotless Janitorial Services

With over 40 years of experience, Spotless Janitorial Services is a leader in the commercial cleaning industry across the Western Greater Toronto Area. They specialize in cleaning services in Brampton, medical and dental clinic cleaning, industrial cleaning, and consumables management. Spotless Janitorial Services is known for delivering high-quality, reliable cleaning solutions tailored to the unique needs of each business, no matter the size.

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