

Renowned Urologist Becomes a Menopause Society Certified Practitioner (MSCP)

IRVINE, CA, UNITED STATES, October 10, 2024 /EINPresswire.com/ -- [Dr. Rena Malik](#), a distinguished urologist and pelvic surgeon, has achieved the prestigious Menopause Society Certified Practitioner (MSCP) certification, further enhancing her expertise in menopause care.

Dr. Malik, known for her innovative approach to utilizing social media for patient education and her specialization in Female Pelvic Medicine and Reconstructive Surgery (Urogynecology) and Sexual Medicine, has taken a significant step in expanding her capabilities to address the unique needs of menopausal women.

Dr. Malik's journey to obtaining the MSCP certification reflects her dedication to providing comprehensive and specialized care. With over 10 years of experience in urology, including her roles as an Associate Professor at the University of Maryland School of Medicine and a Fellow in Female Pelvic Medicine and Reconstructive Surgery at the University of Texas Southwestern, Dr. Malik has developed a deep understanding of the urological and sexual health issues that often accompany menopause.

"This certification is a testament to my commitment to continuous learning and professional development," said Dr. Malik. "It allows me to provide the highest standard of care to my patients and make sure their needs are met with the latest evidence-based practices and treatment options."

Urologists play a crucial role in menopause care, addressing urological symptoms such as urinary incontinence, recurrent urinary tract infections, vaginal atrophy, low libido, and other issues that significantly impact the quality of life for menopausal women. Dr. Malik's expertise in urology and her MSCP certification position her to diagnose and treat these conditions

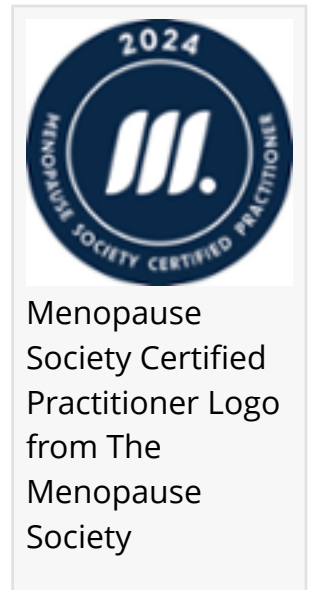


Dr. Rena Malik

effectively, providing much-needed relief and improving the overall well-being of her patients.

The attainment of Menopause Society Certification ensures that patients receive care from a practitioner who has undergone rigorous training and education in menopause care. This certification signifies a commitment to continuous learning and professional development, ensuring that Dr. Malik stays up-to-date with the latest advancements in menopause care. Patients can have confidence in her expertise, knowing they are receiving the highest standard of care tailored to their unique needs.

Dr. Malik's extensive experience and expertise in urology have been further enhanced by her MSCP certification. Her practice, Rena Malik, MD, offers patient-focused, individualized care in bladder health, sexual dysfunction, hormone management, and the compassionate management of non-narcotic pelvic pain. Her commitment to advancing the field of medicine has earned her the distinguished title of the 2023 American Urological Association Young Urologist of the Year.



My goal is to provide the highest standard of care to my perimenopausal & menopausal patients, giving them the personalized treatment they need and deserve."

Rena Malik, MD

The integration of urology and menopause care is essential for providing comprehensive and holistic care to menopausal women. As an MSCP-certified urologist, Dr. Malik is uniquely positioned to address the urological and sexual health issues that often accompany menopause. By collaborating with other healthcare providers, she ensures that her patients receive multidisciplinary care that addresses all aspects of their health and well-being.

Dr. Malik's MSCP certification has significant implications for the field of menopause care. She is equipped with the

latest evidence-based practices and treatment options, allowing her to provide personalized and effective care that leads to better outcomes for patients. Her commitment to continuous learning and professional development contributes to the advancement of new treatment options and approaches, ultimately improving the overall well-being of menopausal women.

For more information or please schedule an appointment [online](#).

About Dr. Rena Malik, MD

Dr. Rena Malik is a board-certified, fellowship-trained urologist specializing in Female Pelvic Medicine and Reconstructive Surgery (Urogynecology) and Sexual Medicine. She is also a Menopause Society Certified Practitioner and the Chief Medical Officer of FemHealth. Dr. Malik is

renowned for her talent in dispelling medical misinformation and educating the public on sensitive urology topics. Her [YouTube channel](#) has over 350 million views and 2 million subscribers, making her a go-to resource for evidence-based discussions on taboo topics. She has been featured in various media outlets, including Insider, Men's Health, Self, and US News & World Report, and has been a guest on several popular podcasts including Huberman Lab, Mel Robbins, and Diary of a CEO. Dr. Malik is dedicated to improving healthcare through accessible education and is recognized as one of the top health influencers by Men's Health Magazine in 2023.

Rena Malik

Rena Malik, MD

+1 949-610-0866

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