

# Empowering Voices: Authors Inspired to Believe in Themselves at the Envision Summit and Book Expo

LOS ANGELES, CA, UNITED STATES, October 16, 2024 /EINPresswire.com/ -- At the Envision Summit and Book Expo, authors and entrepreneurs came together to polish their talents and share their creative journeys. At the event, *Dianetics: The Modern Science of Mental Health* by L. Ron Hubbard was prominently featured, offering attendees invaluable insights into overcoming mental barriers.

Hosted by Writer's Block Press and the International Association of Women Authors, the Envision Summit served as a transformative platform, equipping self-published authors with essential skills and self-development tools to propel their careers.



Tanya Denise (Center), Director of Publishing at Writer's Block Press, with Bridge Publications

According to research from the [Valley of Writers](#), perfectionism and the fear of failure often hinder authors, stifling their creative expression. Many writers find themselves trapped in a cycle of self-criticism, worried about making mistakes or producing work that doesn't meet their high standards. This internal struggle can stem from deep-seated issues such as self-doubt and low self-esteem, leaving them hesitant to share their unique voices.

Attendees at the Expo were offered free emotional checks to help them break through these mental barriers. One aspiring author shared, "Recently, I feel like I have lost my voice, as if something is blocking me from expressing my thoughts. I'm excited to start reading *Dianetics*—this is exactly what I need." Improving oneself is essential for authors seeking to enhance their work. By addressing personal challenges and developing a stronger sense of self, writers can unlock new levels of creativity and authenticity in their writing. This commitment to self-growth not only enriches their storytelling but also resonates deeply with readers, allowing authors to connect on a more profound level.



This was a great event, and I'm glad to have partnered with Bridge Publications and their best-selling book Dianetics. They elevated the whole show."

*Tanya Denise, Director of  
Publishing at Writer's Block  
Press*

"This was a great event, and I'm glad to have partnered with Bridge Publications and their best-selling book Dianetics. They elevated the whole show," said Tanya Denise, Director of Publishing at Writer's Block Press. Books sold during the summit were purchased through independent bookstores, reinforcing the importance of supporting local businesses.

Dianetics: The Modern Science of Mental Health is the all-time best-selling book on the human mind. It is translated into 50 languages with more than 22 million copies sold worldwide. Bridge Publications, located in Los Angeles,

California, is the publisher of the nonfiction works of international best-selling author L. Ron Hubbard. For more information, visit [www.bridgepub.com](http://www.bridgepub.com) and [www.dianetics.org](http://www.dianetics.org).

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