

# Utah Addiction Treatment Center Sets the Standard by Offering Patients Essential Trade Skills for Life After Recovery

*Mountain Valley Recovery, an inpatient addiction treatment center in Utah, has distinguished itself by integrating trade skills training into its programs.*

HOLDEN, UT, UNITED STATES, October 16, 2024 /EINPresswire.com/ -- For years, [Mountain Valley Recovery](#) has combined clinical addiction treatment with hands-on trade skills education, recognizing the need for a more holistic approach to long-term recovery. While residents receive essential therapeutic support, they are also trained in trades such as welding, flooring, landscaping and many others, providing them with practical skills they can use to find meaningful employment once they leave the center.

"Recovery is about more than just overcoming addiction," said Justin Nielson, CEO of Mountain Valley Recovery. "It's about setting up a stable future, and that means equipping our patients with the tools they need to thrive in all aspects of life. Through our trade skills training, we help them move forward with both the confidence and the qualifications to succeed."

"Teaching trade skills is about giving our residents a purpose and a path to independence," added Justin Nielson. "It's been a critical part of our program for years, and we've seen firsthand the impact it has on sustained recovery."

Mountain Valley Recovery's commitment to reintegration is reflected in its emphasis on self-sufficiency. By equipping residents with trade skills, the center empowers individuals to pursue job opportunities on their own after treatment, fostering a sense of independence and accomplishment. The practical skills learned at Mountain Valley Recovery prepare graduates to confidently enter the workforce, reducing the risk of relapse by promoting stability and purpose in their post-recovery lives.

This approach reinforces the center's mission to support long-term recovery by ensuring individuals leave not only sober but also equipped with the tools to succeed on their own terms.

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