

Christie Hensler Partners with SuccessBooks® to Co-Author 'Strength' with Kathy Ireland

MADISON, AL, UNITED STATES, October 14, 2024 /EINPresswire.com/ -- SuccessBooks® is thrilled to announce Christie Hensler's contribution to the highly anticipated book "Strength." Christie joins an elite group of professionals, including Kathy Ireland, to share powerful stories and insights that provide valuable lessons on resilience, perseverance, and personal growth.

Set to release in late 2024, "Strength" is a transformative collection designed to inspire readers with real-life accounts of overcoming adversity and embracing personal transformation. Through these compelling stories, readers will discover how to tap into their inner strength and navigate life's most difficult challenges.

Christie Hensler has never sought a "normal" life. From an early age, she set her sights on leadership and making an extraordinary impact, determined to defy societal expectations of degrees, stable jobs, and traditional success. Her path has been far from conventional—marked by obstacles, hard-earned victories, and opportunities that emerged from seemingly insurmountable struggles.

After battling significant mental health challenges, Christie and her family made the bold decision to sell everything they owned, buy an old RV, and embark on a life-altering journey across the United States. This transformative adventure allowed them to rebuild their lives from the ground up, launch a thriving business, and inspire countless others along the way.

In her book *Life Hacks for Hard Times*, Christie shares the transformative strategies that helped her emerge from life's darkest moments stronger than ever. With raw honesty and hard-won wisdom, she offers readers a powerful guide to navigating their own challenges and finding hope and strength during their most trying times.



Christie Hensler

As a dynamic speaker, certified coach, and DISC consultant, Christie connects with her audience through authenticity and passion. Her interactive and engaging style leaves a lasting impression, providing clients with the clarity and confidence they need to overcome obstacles and create a clear path forward.

Christie values authenticity over accolades and thrives on real connections and meaningful moments. Her infectious sense of humor and light-hearted approach to life serve as a reminder to not take everything too seriously. She is married to her best friend, Matt, and together they are raising three daughters, teaching them how to face life's challenges with resilience and intention.

When she's not writing, speaking, or coaching, Christie enjoys tending to her houseplants, exploring local coffee and pottery shops, and cheering on her favorite football teams. While she may fall asleep during movies, she's wide awake and fully engaged when it comes to the game.

Christie's life motto is simple yet impactful: Be competent. Be consistent. Be courageous.

Connect with Christie Hensler:

- Website: www.christiehensler.com
- LinkedIn: www.linkedin.com/in/christiehensler

SuccessBooks® is honored to have Christie Hensler contributing to "Strength," together with Kathy Ireland and other esteemed co-authors. Christie's contributions will undoubtedly empower readers to embrace change, conquer fear, and achieve success.

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